

Central Florida Behavioral Health Network is a Managing Entity contracted with the Department of Children and Families



### From CFBHN CEO

#### National Drug Take Back Day – A Step Toward Safer Communities and Recovery

April 26 marks National Drug Take Back Day, an important opportunity to safely dispose of unused or expired medications.

Organized by the Drug Enforcement Administration (DEA), this nationwide event helps prevent substance misuse, protects the environment, and promotes public health.

# **Prescription Medications Can Pose Serious Risks**

When left unused or improperly stored, they may be accidentally ingested by children, misused by someone struggling with addiction, or contribute to the growing opioid crisis

Proper disposal ensures these medications do not fall into the wrong hands, reducing the chances of overdose, dependence, and illegal distribution.

#### For Those In Recovery, Drug Take Back Day is Especially Meaningful

Removing unused medications from the home eliminates potential triggers and supports a substance-free environment. It reinforces the idea that recovery is about more than treatment—it's about making intentional choices that support long-term well-being.

## Benefits Entire Communities

Flushing medications down the toilet or throwing them in the trash can harm water supplies and wildlife. Safe disposal locations, available at participating law enforcement agencies and pharmacies,

ensure medications are destroyed responsibly.

## Participation Is Simple

Find a designated drop-off location, clear out unused or expired medications, and encourage friends and family to do the same. Every small action contributes to a healthier, safer community.

For a location near you, call your local county authorities or Sheriff's department





a personal note from Alan Davidson President & CEO

"Drugs do expire, but the real danger is when someone takes something they are not prescribed"

Dana Ramallo, Pharmacist



## **CFBHN Commitment**

We are committed to promoting recovery and public health. This event is a powerful reminder that everyone can play a role in preventing substance misuse.

By taking a few moments to dispose of medications properly, we help create a safer environment for individuals, families, and future generations.

CFBHN is proud of its service provider network which includes Agency for Community Treatment Services (ACTS), Westcare, and SalusCare to name only a few. Explore our network and find a provider near you.

Our highly trained and certified providers of behavioral health can meet your needs. No one should have to face challenges alone, and there is always help available.

To find the right CFBHN provider for you, please use this link for our **Service Locator**.

If you need further assistance, please phone 813-740-4811. After business hours, on weekends and holidays, you may select the option to speak to someone immediately and you will be transferred to the 2-1-1 line of the Crisis Center of Tampa Bay.

If you are experiencing a medical emergency, please hang up and dial **911**.

Central Florida Behavioral Health Network

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