

## **Adult Mental Health Services**

### ***Policy***

It is the policy of Central Florida Behavioral Health Network, Inc. (CFBHN) to provide adult mental health services that meet the unique needs of established priority populations.

### ***Purpose***

The purpose of this policy is to outline guidelines for the provision of adult mental health services in accordance with Chapter 394 F.S., and Department of Children and Families (DCF) contract and Guidance Documents.

### ***Procedure***

1. Network Coordination:
  - A. CFBHN contracts with Network Service Providers (NSPs) that serve individuals in crisis, those with serious mental illnesses and/or those experiencing co-occurring disorders.
  - B. CFBHN coordinates these mental health services by:
    - 1) Negotiating and monitoring contracts that are established with NSPs;
    - 2) Providing information and technical assistance to individuals, families and other community stakeholders about local or statewide services and supports; and
    - 3) Working collaboratively with other state agencies, programs and services, schools, local hospitals, mental health agencies, community mental health centers, county governments, law enforcement advocates and consumer groups.
  - C. Through its Network Development Clinical Services (NDCS) department, CFBHN coordinates access to the following mental health services for adults:
    - 1) Short-Term Residential Treatment (SRT) Services;
    - 2) Residential Services- Residential Treatment Facility (RTC) and Adult Family Home Care Programs (AFP both civil and forensic);
    - 3) Forensic Specialist Services;
    - 4) Case Management; and
    - 5) Florida Assertive Community Treatment (FACT) teams.
2. Service Eligibility:
  - A. CFBHN contracts with and monitors NSPs that provide mental health service for adults.
  - B. Resources in the adult mental health system are focused on individuals who are 18 years of age or older and members of at least one priority population, as defined in 394.674 F.S.:
    - 1) To be eligible to receive substance abuse and mental health services funded by the Department, an individual must be a member of at least one of the department's priority populations approved by the Legislature. The priority populations include, for adult mental health services:

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- a) Adults who have severe and persistent mental illness, as designated by the department using criteria that include severity of diagnosis, duration of the mental illness, ability to independently perform activities of daily living, and receipt of disability income for a psychiatric condition. Included within this group are:
  - i. Older adults in crisis.
  - ii. Older adults who are at risk of being placed in a more restrictive environment because of their mental illness.
  - iii. Persons deemed incompetent to proceed or not guilty by reason of insanity under chapter 916.
  - iv. Other persons involved in the criminal justice system.
  - v. Persons diagnosed as having co-occurring mental illness and substance abuse disorders.
  
- C. During times of high demand for specific services, CFBHN, in response to initiatives by DCF, adjusts the priority population. FACT services are focused on responding to the priority populations of diverting people from admission to the civil State Mental Health Treatment Facility (SMHTF) and assisting in discharging people from the SMHTF. All other FACT referrals are considered after these categories.
  
- D. Adults with a serious mental illness and forensic (court) involvement. This group includes individuals who are the subject of:
  - a) An *Incompetent to Proceed* (ITP) court order due to mental illness;
  - b) A *Not Guilty by Reason of Insanity* (NGI) court order for evaluation of competency or sanity; or
  - c) A conditional release due to a mental illness and/or the diagnosis of a co-occurring disorder.
  
- 3. Services and Supports
  - A. Adult mental health services and supports can be classified into the three broad categories defined below:
    - 1) Treatment
      - a) Treatment is defined as a systematic approach towards recovery that helps an individual cope with the symptoms of a diagnosed condition.
      - b) Treatment typically contains four elements:
        - i. Medication,
        - ii. Individual therapy,
        - iii. Crisis intervention, and
        - iv. Psychiatric hospitalization.
      - c) Treatment options within the state of Florida are defined in 65E-14 F.A.C.

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- 2) Rehabilitation
  - a) Rehabilitation is the process of helping individuals minimize the effects of mental illnesses or co-occurring disorders by developing greater competencies in employment, activities of daily living and social performance.
  - b) Rehabilitation options offered in the state of Florida, and funded by CFBHN, are defined in 65E-14 F.A.C.
  
- 3) Support
  - a) Support is practical, hands-on assistance to help people handle the necessities of daily living and educating them to better understand the symptoms of mental illness/co-occurring disorders and the principles of the recovery process.
  - b) Support options offered in the state of Florida, and funded by CFBHN, are defined in 65E-14 F.A.C.

<p><b>Adult Mental Health Services</b></p> <p>Approval:  Linda McKinnon, President/Chief Executive Officer</p>	<p>Date Issued: <u>07/29/2010</u></p> <p>Last Revision: <u>04/08/2022</u></p> <p>Review Date: <u>04/08/2022</u></p>
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