

Drug Free Hardee Annual Report 2019-2020

July

Community Anti-Drug Coalitions of America – youth members participated in the annual CADCA mid-year training. The course offered a more in-depth look at the Strategic Prevention Framework including data collection and analysis, advocacy and policy change, and transformational leadership through experiential learning.

August

Magnolia Back to School Event – This coalition participated in the annual back to school event, where students receive school supplies for the upcoming school year. Drug Free Hardee had drug prevention displays and was there to assist the community with questions regarding substance abuse.

Central Florida Health Care Health Fair – Drug-Free Hardee participated in the Central Health Care Health Fair. Attendees received information regarding our coalition mission, youth leadership, and local resources. Drug Free Hardee distributed pamphlets on Opioid Awareness.

Zolfo Elementary Back to School Event – During this event, the coalition provided school supplies to new and returning students. Drug Free Hardee provided promotional items along with information regarding Tobacco awareness.

Hardee County Chamber of Commerce Golf Classic Event- During the HCCC Golf Classic event, our Responsible Drinking campaign was promoted. The coalition sponsored table tents that had a QR code linked to our Responsible Drinking website page.

Wildcat Back to School Tailgate- The coalition participated in the annual Back to School Tailgate event. Drug-Free Hardee educated the community about the many issues we face in the world of substance abuse, mental health, and overall health. Positive Action Club recruitment took place during the tailgate along with distribution of Medicine Safety.

Club Rush – On August 28th, our high school youth participated in the very first Club. UthMpack provided information regarding the club's mission, distributed Alcohol Awareness pamphlets and proceeded to reach out for club recruitment.

September

SFSC Linemen Juul & Binge Drinking Event- This coalition made a presentation to college students who were educated on the effects of Juul and Binge Drinking. Drug-Free Hardee provided hot dogs and drinks for the Linemen program. Alcohol and Tobacco awareness pamphlets were distributed to all linemen.

Homecoming – UthMpact and STAND participated in the annual Homecoming parade. Over 50 students walked the parade in their orange and blue extravaganza theme. Students distributed candy and a positive message regarding healthy life choices.

Mental Health Awareness – UthMpact was presented to the Mental Health Awareness campaign of the month. Students were educated on the concept of Mental Health and ways to receive help.

Club Rush – On September 12th, our coalition was present during all 3 lunches for STAND club recruitment at Hardee Junior High School. Pamphlets regarding the effects of Tobacco were distributed to students.

Youth Mental Health First Aid – Drug-Free Hardee members participated in the Youth Mental Health First Aid training. Members were educated on the warning signs of mental health and ways to assist youth.

Women’s Club – The coalition was invited to the local Woman’s Club on September 17th. The coalition informed the Woman’s Club of our youth programs and ways they can provide help for our youth. The Woman’s Club was introduced to the youth campaign, Better Things to do than Drugs.

October

Uth Mental Health Activity – UthMpact high school youth-created motivational “You Matter” posters and distributed throughout the school. The youth club set up a mental health resource table in the guidance office for the remainder of the school year. Opioid Awareness was displayed along side Mental Health resources.

Let’s Talk Month – This coalition participated in the “Let’s Talk Month”. The campaign was an opportunity for parents and others to spread the good news of the importance of adults to help youth make good decisions. Topics such as substance abuse, bullying, self-esteem, sexual health,

dating violence, and health wellness were some of the many options for conversation starters.

Healthy Choices Event – on October 25th, Drug-Free Hardee had its annual Healthy Choices Event where 6th, 7th, and 8th-grade students were in attendance. Guest speakers reviewed important topics such as mental health, social media, pop culture and drugs, and healthy relationships. Students interacted with the guest speakers and received a t-shirt along with Shattering the Myth pamphlets regarding Marijuana.

November

Opioid/Medicine Safety- Uthmpact, and STAND were presented to the Opioid/Medicine Safety campaign of the month. Students were educated on the different types of opioids and where they come from, along with medicine safety such as proper storage or disposal.

North Wauchula Positive Action Club Awards Meeting- On November 15th, the coalition provided pizza and drinks to the Positive Action Club awards meeting. The Better Things to do than Drugs campaign was presented to students alongside Drug-Free activity book.

HUB Presentation for the Athletic Foundation- Drug-Free Hardee provided pizza and drinks to the students of the Athletic Foundation and presented the student Helping U Believe program. A program specialized to help youth in the community prepare for life after high school.

December

Bullying Awareness - STAND students were presented to the Bullying Awareness campaign of the month. Students were educated on bullying, the different types of bullying, and how to speak up.

Distracted Driving – UthMpact students were presented to the Distracted Driving Campaign of the month. Students were educated on the effects of distracted driving and reviewed ways to avoid distractions. Alcohol pamphlets were distributed to students as well.

Santa's Workshop- The coalition sponsored the Santa's Workshop event that was open to the community. During the event, families were encouraged to participate in our Better Things to do than Drugs campaign. Families had access to activities open to all ages and promotional items from local agencies. Parents Who Host Lose The Most information was distributed to adults attending the event.

Rotary Meal Packaging – Drug-Free Hardee was invited to participate in a meal packaging challenge alongside Hardee and Highlands Rotary club. 75,000 meals were packaged and ready to travel to local food banks in Highlands and Hardee.

Salvation Army Red Kettle Campaign – On December 24th, Drug-Free Hardee participated in the Salvation Army Red Kettle Campaign accepting donations that would be kept within Hardee County for those in need.

Shop with a Cop- Drug-Free Hardee was represented by Maria Pearson in the annual Shop with a Cop program.

January 2020

Tobacco Awareness- STAND & UthMpact students were presented to the Tobacco Awareness campaign of the month. Students were educated on Tobacco/Vaping/Juuling and the harms and effects of the usage of such products.

Chamber Gala. Drug-Free Hardee participated in the annual Hardee Chamber of Commerce Gala. On January 25th Drug-Free Hardee played an important role at the Masquerade Gala by promoting our Drinking Responsibly campaign. Members received recognition for their services within the community.

February

Hardee County Fair. During the month of February DFH partnered with the largest community event in the county. The Hardee County Fair rolled into town on February 16th-23rd. Drug-Free Hardee's logo was present on every entry pass. This coalition also had a booth and the youth group UthMpact distributed coalition information regarding Tobacco and Marijuana awareness, Parents Who Host Lose The Most flyers and local resources.

Student HUB Workshop – On February 8th, Drug-Free Hardee opens its doors to all seniors seeking help with scholarship applications. Students had access to free Wi-Fi, computers, printers, report covers, and application guidance.

March

Marijuana Awareness- UthMpact & STAND were presented with the Marijuana Awareness

campaign of the month. Students were educated on the effects and harms of Marijuana on their development.

4-H Bullying Awareness Campaign- The coalition made a presentation to youth and parents about the Bullying Awareness campaign. Students participated in campaign-related activities and all present youth pledged to speak up about bullying.

Multicultural Day- On March 13th, our high school youth participated in the annual cultural diversity during all lunches. Club members used this event to promote club recruitment. DFH encourages participation of these events to teach club members how to become self-sustained. Opioid Awareness pamphlets were distributed to students.

Kiwanis Club- The coalition made a presentation for the Kiwanis club on prescription drug program. Proper disposal and Medicine Safety flyers were distributed to present members.

April

Alcohol Awareness- UthMpact and STAND were presented to the Alcohol Campaign via Facebook Live. Students were educated on the origin of alcohol and the effects on the body.

Fundamental Friday: Talking to Teens about Alcohol- Drug-Free Hardee conducted a live public presentation via Facebook. Adults were informed about the effects of alcohol and ways to approach talking about alcohol.

Alcohol Facts- The coalition distributed alcohol facts throughout April via social media. April was recognized as Alcohol Awareness month nationwide.

Every Kid Healthy – Drug-Free Hardee distributed Every Kid Healthy information from April 20th – April 24th. Take Action for Healthy Kids help create healthier schools by bringing all the members of a school community together and equipping them with the tools and resources they need to make change happen.

First United Methodist Church: Feed my Sheep Program – Drug-Free Hardee participated in the Feed my Sheep Program throughout April. Food and resources are distributed every 2nd & 4th Thursday of the month. Alcohol awareness flyers were distributed to all attendees.

Fundamental Friday: Social Hosting- Drug-Free Hardee held its first zoom public presentation via Facebook Live. Adults were presented to the Parents who Host Lose the Most campaign, along with age requirements for alcohol consumption and laws.

May

Fundamental Friday: Mental Health- Drug-Free Hardee held a public presentation via Facebook Live. Adults were educated on Mental Health and ways to cope.

STAND Final Virtual Meeting- STAND finalized the year with their last virtual meeting via Google Classroom. Students and Sponsors adjourned the meeting with a review of alcohol awareness and a raffle based on participation points. Drug-Free Hardee sponsored the gift card awarded to the specified student.

UthMpact Final Virtual Meeting- UthMpact finalized the year with their last virtual meeting via Google Classroom. Students and sponsors adjourned the meeting with a review of alcohol awareness. The sponsor shared words of encouragement and reminded students to continue their club involvement.

First United Methodist Church: Feed my Sheep Program – Drug-Free Hardee participated in the Feed my Sheep Program throughout May. Food and resources are distributed every 2nd & 4th Thursday of the month. Mental Health awareness flyers were distributed to all attendees.

Hardee Sr High – This coalition played a major roll in this years High School Graduation. The graduation took place at the stadium and was a drive by type ceremony. We were invited to be a part of the ceremony and awarded all the students with campaign materials from our distractive driving and arrive alive campaigns. We also put together a folder of encouragement that was filled with letters of encouragement from many leaders and businesses of the community.

June

Fundamental Friday: Children & Mental Health- Drug-Free Hardee held a public presentation via Facebook Live. Adults were educated on Mental Health & Children, warning signs, and ways to help the child cope.

First United Methodist Church: Feed my Sheep Program – Drug-Free Hardee participated in the Feed my Sheep Program throughout June. Food and resources are distributed every 2nd & 4th Thursday of the month. Pandemic tips and resources were distributed to all attendees.