

Cultural Humility in Peer Services Test Name: _____

Return to CFA.Training@CFBHN.org, Subject line Cultural Humility Test

1. Which of the following is NOT a consequence of ignoring an individual's culture?
 - A. Stripping them of their voice
 - B. Decreased sense of self
 - C. Increased confidence
 - D. Worsen stigma

2. In which stage of the Continuum of Cultural Competency model are people treated the same?
 - A. Cultural Proficiency
 - B. Cultural Competence
 - C. Cultural Destructiveness
 - D. Cultural Blindness

3. Lifelong learning is a critical component of which stage?
 - A. Cultural Humility
 - B. Cultural Pre-Competence
 - C. Cultural Training
 - D. Cultural Incapacity

4. Please complete the following statement, "Nothing about us" ...
 - A. Looks the same
 - B. Without us
 - C. Is relevant to our services
 - D. Without me

5. Which statement best describes the meaning of intersectionality?
 - A. People are one dimensional beings
 - B. Slow down and wait for others to pass
 - C. People experience challenges in multiple identities of their lives
 - D. The art of intersecting

6. If you are in doubt about the preferences of a person who is seeking assistance, just
 - A. Assume
 - B. Guess
 - C. Ask the person
 - D. Google It