



Florida Alcohol and Drug Abuse Association

and

Department of Children and Families

in conjunction with

Florida Council for Community Mental Health and Florida Association of Managing Entities

present

Effectively Engaging and Treating Individuals with Opioid Use Disorders A Summit on Strategies to Maximize Federal STR Opioid Funding

AGENDA January 19, 2018

9:00 am Welcome

Mark Fontaine, Executive Director FADAA

9:05 am Treating Opioid Addiction – State Response

John Bryant, Assistant Secretary for Substance Abuse and Mental Health, DCF Ute Gazioch, Director of Substance Abuse and Mental Health, DCF

STR Opioid Funding – Key Components

Walter Castle, Opioid STR Project Director, DCF

Role of Naloxone

Walter Castle, Opioid STR Project Director, DCF

9:45 am The Opioid Addicted Brain and MAT

Dr. Mark Stavros, Medical Director, Emergency Department at West Florida Hospital

10:15 am Operating Medication Assisted Treatment Programs

Shannon Robinson, Senior Vice President of Medical Operations, Aspire Health Partners

Mary Lynn Ulrey, CEO, DACCO Behavioral Health

Darran Duchene, MAT Director, FADAA

11:15 am Hospital Diversion Programs

Facilitated by Shannon Robinson, Sr VP of Medical Operations, Aspire Health Partners

Claudia P. Vicencio, LCSW, LMFT; Clinical Supervisor, Memorial Hospital

Alberto Augsten, PharmD, Memorial Hospital

PJ Brooks, Vice President, Outpatient Services, First Step of Sarasota/Sarasota Memorial

Patricia Ellingham, LMHC, CPP, DACCO/BayCare St. Joseph's Hospital

12:15 pm Lunch

1:30 pm Effective Engagement of Patients

Facilitated by Laureen Pagel, CEO, Starting Point Behavioral Healthcare

Danny Blanco, OP Services Director, WestCare Foundation

Sarah Kim, Gateway Community Services

Dustin Perry, LCSW. STOP Director at Lakeview Center

Mike Osborn, MCAP, Clinical Director of MAT Services, Operation PAR

2:30 pm Utilizing Peers

Justin Kunzelman, Co-founder & Director, Rebel Recovery

Susan Nyamora. President/CEO, South Florida Wellness Network

Joe Dmitrovic, DRS, Outreach Specialist, RASE in Florida

3:30 pm Next Steps

Mark Fontaine, Executive Director FADAA

4:00 pm Adjourn



Florida's State Targeted Response to the Opioid Crisis (Opioid STR) Grant

SAMHSA's Opioid STR Grant

- Purpose is to provide prevention, treatment, and recovery support services to address the opioid crisis.
- Florida to receive a total of \$54.3 million over two years (about \$27.1 million per year).
- At least 80% must be spend on opioid use disorder treatment and recovery support services.



Florida's Grant Goals

- Reduce numbers and rates of opioid-related deaths.
- Prevent prescription opioid misuse among young people.
- Increase access to MAT among individuals with opioid use disorders.
- Increase the number of individuals that are trained to provide MAT and recovery support services for opioid use disorders.



Florida's Project

- Expand access to methadone, buprenorphine, and naltrexone assisted treatment.
- Provide overdose reversal kits to individuals in treatment and their family members and law enforcement.
- Implement Life Skills Training in rural schools to prevent prescription opioid misuse.



Florida's Project (continued)

- Behavioral Health Consultants to support child protective investigative staff.
- Expands a Prescriber Peer Mentoring Project.
- Establish hospital-based peer support and buprenorphine induction services for overdose victims.
- Peer specialists to assist with quality improvement initiatives.



Provider Network

As of October 2017, Managing Entities have contracted with 41 providers to provide services with grant funds

- 35 of the 41 providers reported individuals using at least one STR funded service
- 6 providers had not yet enrolled any individuals in STR funded services



Expenditures May-October 2017

Туре	Obligation	Expenditure	Unexpended	% Expended
Prevention	2,175,195	1,340,948	834,247	62%
Treatment/Recovery	23,748,728	4,851,693	18,897,035	20%

Service Type	Expenditure
Treatment	4,530,872
Recovery	320,821



Demographics

Of the individuals that cross-matched in both the STR monthly reports and SAMHIS:

- There is a slightly higher enrollment of Males (53% versus 47% Females)
- The highest enrolled age group is 25-44 years old (69%)
- Second highest enrolled age group is 45-65 years old (25%)
- 90% of STR funded clients identify as white



Discharges

Through October 2017, 707 individuals were reportedly discharged:

- Administrative 118 (16.7%)
- Arrest -20 (2.8%)
- Completed 320 (45.3%)*
- Death (Non overdose) 2 (0.3%)**
- Death (Fatal Overdose) -3 (0.4%)**
- Disengaged 235 (33.2%)
- Moved -9 (1.3%)



Chart 8 STR Covered Services

- Aftercare
- Assessment
- Case Management
- Crisis Support/Emergency
- Day Care
- Day Treatment
- Incidental Expenses (excluding housing/rental assistance and direct payments to participants)
- In-Home and On-Site



^{*}One program has a significantly higher number of completions (122)- many of them within 3 days of initial engagement (43%)
** Reported as STR-funded, but no services have been charged to STR

Chart 8 STR Covered Services

- Medication-Assisted Treatment (only methadone or buprenorphine maintenance)
- Medical Services
- Outpatient
- Outreach (to identify and link individuals with opioid use disorders to medicationassisted treatment providers)
- Recovery Support
- Supported Employment
- Supportive Housing/Living
- Inpatient Detoxification*
- Residential Levels I and II*



Research Outcomes for MAT

- Reduced substance use
- Improved treatment retention
- Improved functioning
- Lower risk of overdose
- Reduced criminal activity
- Reduced risky behaviors
- Better employment status
- Cost savings



Naloxone Program

- DCF's Overdose Prevention Program provides free Narcan Nasal Spray to people at risk of overdose and their friends/family through a provider network
- 52 providers currently enrolled with 450 known overdose reversals
- Providers include SAMH treatment provides, harm reduction organizations, homeless service organizations, hospital emergency departments, and other CBOs
- DCF partnered with FDLE to provide 5,000 kits to ~75 police and sheriff agencies in Florida (this opportunity will be available again during Year 2 of STR)



There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep a man in everlasting ignorance - that principle is contempt prior to investigation

-Herbert Spencer



Questions?

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Overdose Prevention Coordinator
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Recovery-Oriented, Person-Centered Language

Stigma remains one of the biggest barriers to behavioral health treatment. The terminology used to describe behavioral health disorders can help alleviate misconceptions and promote recovery.

Language used should not be stigmatizing nor objectifying. At all times "person first" language is used to acknowledge that the disorder or disability is not as important as the person's individuality and humanity. Use words such as "hope" and "recovery" frequently. Incorporating disorder or disease reinforces medical nature of the condition.

Recovery-Oriented Language	Outdated Language
a person with schizophrenia	a schizophrenic
individual with a substance abuse disorder	addict
mental health disorder	mental illness
substance use disorder	addiction, dependence
person with substance use disorder, person experiencing substance use disorder, individual living with a substance use disorder	addiction
individual or person with	client or patient
working to recover from; experiencing; living with	suffering from
substance free	clean or sober
substance misuse	abuse or habit
negative, positive, substance free test results	clean or dirty drug test results
individual who misuses substances or is engaged in risky use of substances	user, addict, abuser or junkie
person who injects drugs (PWID)	intravenous drug user (IDU)









CONCLUSION

- 1. Discuss the current opioid epidemic in the US
- 2. Understand how opiates change the way the brain functions
- 3. Understand the role and function of various medications used in substance use disorder

Objectives:

- 1. Discuss the current opioid epidemic in the US
- 2. Understand how opiates change the way the brain functions
- 3. Understand the role and function of various medications used in substance use disorder

Opioid Prescriptions have Quadrupled since 1999 Oxycodone & Hydrocodone Prescriptions Oxycodone & Hydrocodone Prescriptions Oxycodone & Hydrocodone Prescriptions Opioid Prescribing Rates Are 3x Higher In Some States Than Others Oxycodone & Hydrocodone Prescriptions Opioid Prescribing Rates Are 3x Higher In Some States Than Others States Than Others States Than Others SDI Health, VONA_02-1-13_Opioids Schedule II & III

Naltrexone

Duration of Treatment:

Must be individualized, but the longer the better (12-18 months)

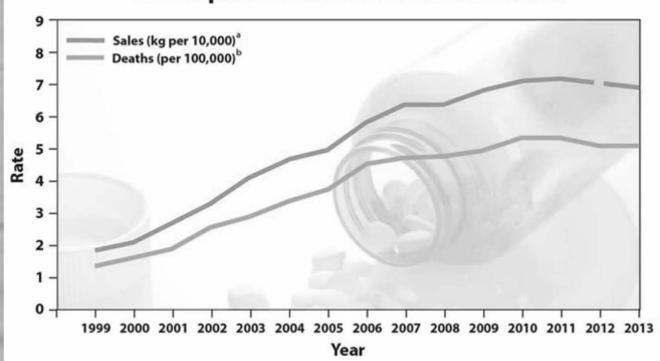
- · remain drug/alcohol free
- showing signs of stability (attending support groups, keeping a job, etc)

Naltrexone

Which patients?

- Patients Who Are Motivated or Monitored (Professionals)
- Patients Who Are Abstinent From Opioids
 - must be up to 2 weeks if using long acting opiates
- · Patients With Intense Alcohol Craving

Prescription Painkiller Sales and Deaths



Sources

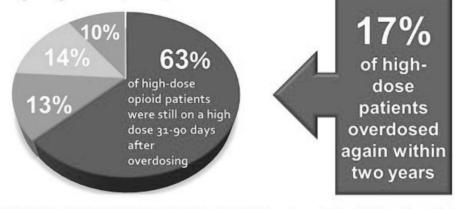
*Automation of Reports and Consolidated Orders System (ARCOS) of the Drug Enforcement Administration (DEA), 2012 data not available.

*Centers for Disease Control and Prevention. National Vital Statistics System mortality data. (2015) Available from URL:

http://www.cdc.gov/nchs/deaths.htm.

Doctors Continue to Prescribe Opioids for Ninety-one Percent of Overdose Patients

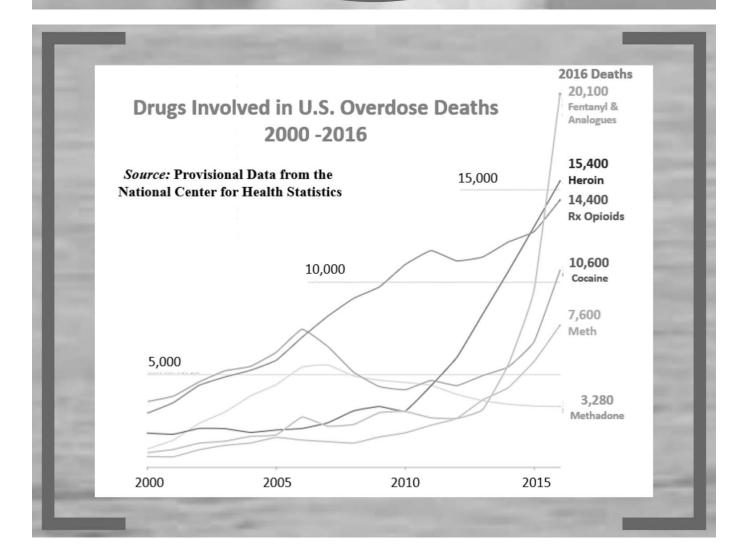
In a study of **2848 patients who had a nonfatal opioid overdose** during long-term opioid pain treatment:

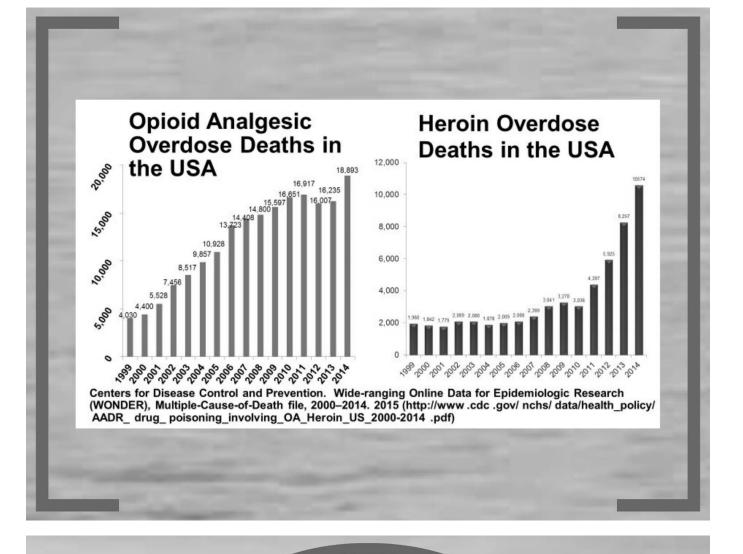


■ high dose ■ moderate dose ■ low dose ■ none Larochelle et al. Ann Intern Med. 2016;164(1):1-9.

Naltrexone

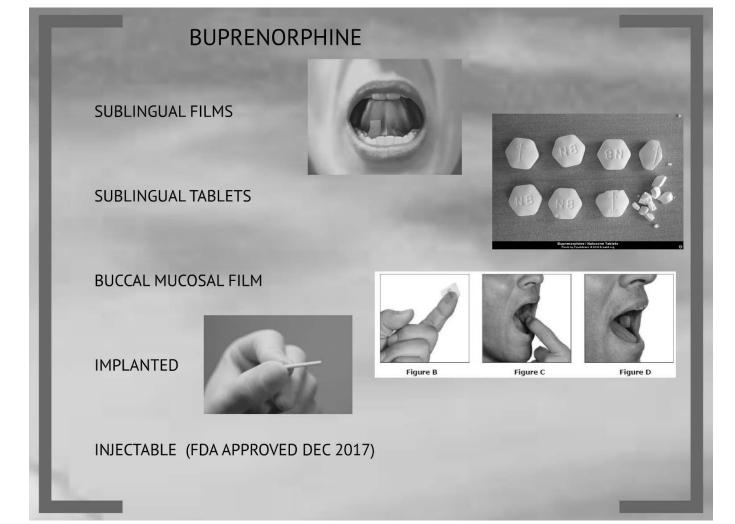
- · Patients must be detoxed off opiates
- Avoid in patients with liver disease
- Careful of precipitated withdrawal when starting
- Educate patients of lost tolerance after stopping
- Better outcomes with psychosocial support

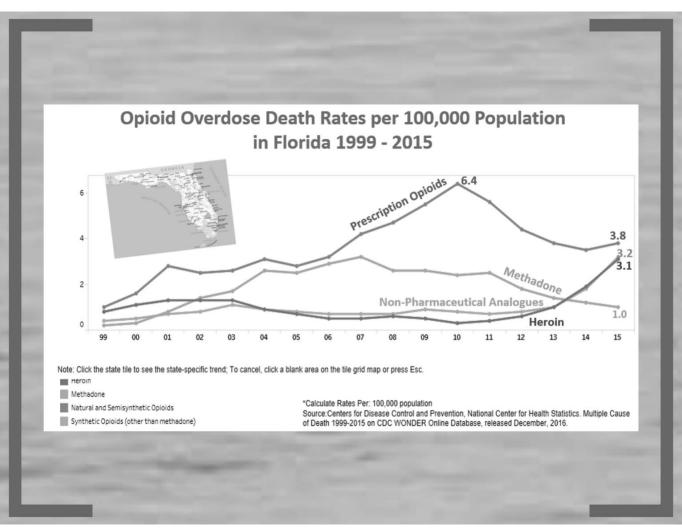




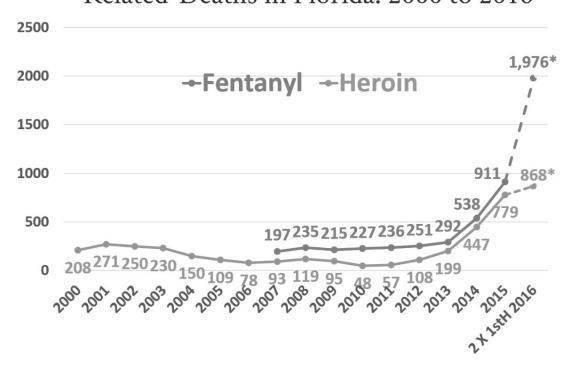
NALTREXONE

- Pure and long-lasting opioid antagonist
- Decreases the amount of dopamine released from the nucleus accumbens when opioid given
- Reduces rewarding effects of alcohol and opiates
- Reduces craving
- Very few side effects
- · No street value--not addicting
- · No withdrawal when stopping





Number of Heroin and Fentanyl Related-Deaths in Florida: 2000 to 2016*



BUPRENORPHINE

- Can be administered in OBOT or OTP
- Can be used in detox—not the best results
- · Best when used in comprehensive care
- Similar side effects to all narcotics:
 - Nausea, vomiting, and constipation,
 - · Muscle aches and cramps,
 - Cravings,
 - · Inability to sleep
 - Distress and irritability
 - Fever

BUPRENORPHINE

- Typically low to moderate opiate addiction
- Patients should be in moderate withdrawal (COWS > 12)
 before taking
- Recommended 2-4mg initial dose (usually higher in practice)
- May repeat 2-4mg same day after 60-90 minutes and still having withdrawal symptoms
- May increase daily dose up to max of FDA approved 24mg
- · Typically most patients are 8-16mg
- Depending on State law, when dispensed from OTP it doesn't have to follow the same take home guidelines as methadone

Epidemic of Deaths

USA – 146 deaths a day in 2016

Florida – 14 + deaths a day in 2016 plus 27 non-fatal Overdoses

January – August 2017
Death Rate still increasing

Medical cost of opioid use disorder

Illicit drug use in the United States is estimated to have cost the U.S. economy more than \$442 billion due to lost productivity at work, health care fees, and costs associated with the criminal justice system. (National Safety Council)
Only 5% of the cost is related to treatment
Medication-assisted treatment has been proven to significantly reduce these costs.

Buprenorphine

- Schedule III narcotic
- · Partial mu-opioid agonist
- · Will displace full mu agonists
- · Half-life is around 37 hours
- Ceiling effect/less risk of overdose
- Often combined with naloxone to deter IV use



Maintenance to Abstinence Pathway

- Some patients may need very long term medication treatment
- After more stability/structure may be able to eventually taper off
- Transition to Buprenorphine or Naltrexone

After decades of research it is now thought that addiction is a disease of the BRAIN.

Definition: Primary, chronic disease of brain reward, motivation, memory and related circuitry



There is a dysfunction of the circuity and individuals pathologically pursue rewards and/or relief by substance use or other behaviors.

Like other chronic diseases, addiction often involves cycles of relapse and remission.

Without treatment or engagement in recovery activities, addiction is progressive and can result in disability or premature death.

Addiction as a Medical Disorder

- Addiction is a disease of both BRAIN and BEHAVIOR
- Just like other medical disorders, it can be treated effectively with medication
- Similar to other chronic relapsing diseases like asthma, hypertension and diabetes:

Best Outcomes: BEHAVIORAL CHANGE + MEDICATION

- Genetics and environmental factors also play a role
- · Like the other chronic diseases, no reliable cure
- The longer a patient adheres to the treatment plan the better the results

Methadone Maintenance

Most successful when used long term Very structured and regulated clinics

- Patients must come everyday to get dosed
- Take home privileges must be earned
- Nurses, doctors, APCs
- · Psychosocial needs assessment
- Supportive counseling
- Family support resources
- Referrals to community services

Methadone dosing considerations

- "Start low and go slow"
- · Must be individualized
- 10-30mg initial dose
- Peak level in 2-4 hours
- Important to know how patient feels at peak to determine changes in dose
- Typically 4-5 half-lives (days) to achieve steady-state
- Goal--24 hours without craving/withdrawals

Addiction like other medical disorders

The better the patient's personal stability (family support, employment, etc), the better the outcome—the same with other chronic diseases

Predictable: 80% of patients that leave MAT under 1 year relapse (needs to be treated as chronic not acute disease)

Managing disease decreases the associated sequelae

DM control = less PVD, renal failure MAT = less HIV, Hepatitis

UNDERSTANDING ADDICTION

WHY DO PEOPLE TAKE DRUGS?

TO FEEL GOOD—EUPHORIA

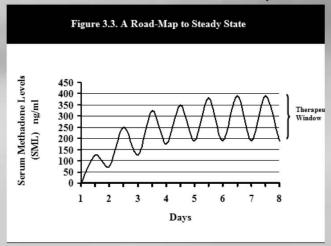


TO FEEL BETTER—RELIEVE
STRESS OR ESCAPE



METHADONE INDUCTION

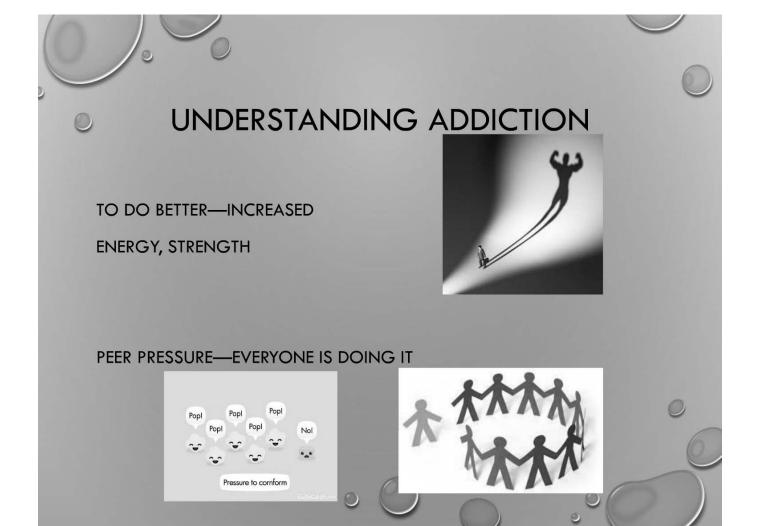
- Most dangerous time is the beginning of medication induction
- Lipid saturation at day 4—if still increasing the dose, may overshoot effect and cause unintended OD around day 5



- · OD more common in children
- Drug-drug interaction—especially with benzodiazepines

METHADONE

- Schedule II narcotic
- Mu receptor Full agonist
- Long half life (24-36 hours on average)
- 80-95% bioavailable (oral Morphine only 30%)
- Stored extensively in the liver, lipophilic



DEVELOPING ADDICTION

- INITIALLY THIS MAY BE A VOLUNTARY DECISION
- CONTINUED USE—IMPAIRED SELF-CONTROL
- PHYSICAL CHANGES IN THE BRAIN EFFECTING:
 - JUDGEMENT
 - DECISION MAKING
 - LEARNING AND MEMORY
 - BEHAVIOR CONTROL



- Achieve full prevention of both signs and symptoms of withdrawal for 24 hours
- The dose should reduce or eliminate drug hunger or craving
- Block reinforcing effects of illicit opiates: should see significant decrease of opiate positive UDS
- Tolerance to any sedative effects of MAT

METHADONE



BUPRENORPHINE

NALTREXONE





Medical professionals began to view opioid addiction as a medical disease. The disease of addiction can be caused by repeated exposure to a drug, coupled with genetic or environmental risk factors, leading to physical changes in the brain's opioid receptors. In this view, addiction can be treated and managed with medication, much like other medical diseases.



DEVELOPING ADDICTION

- AT FIRST POSITIVE FEELINGS AND PERSON FEELS LIKE THEY CAN CONTROL
 IT
- SOON IT TAKES OVER A PERSON'S LIFE
- FORMER PLEASURABLE THINGS NOT AS PLEASURABLE AS TAKING THE DRUG
- TAKING DRUG BECOMES NECESSARY TO FEEL "NORMAL", AND THEY NEED MORE THAN BEFORE
- COMPULSIVELY SEEK AND TAKE DRUGS DESPITE TREMENDOUS CONSEQUENCES

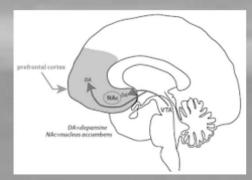
REWARD PATHWAY

The frontal cortex (reasoning) protects us from making bad choices

Drugs of abuse activate the limbic system (VTA and NAc)--PLEASURE

Prefrontal cortex remembers this pleasure More drug=positive reinforcement to repeat experience

RECIRCUITRY



Limbic system part of primitive brain—can override cortex in controlling behavior—choosing to do something despite negative consequences



RELAPSE TRIGGERS

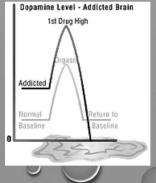
- RE-EXPOSURE TO DRUG—OFTEN ACUTE RELAPSE (PREFRONTAL CORTEX INITIATES MEMORY AND STIMULATES REWARD CENTER)
- EXPOSURE TO STRESS—CORTICOTROPIN RELEASING FACTOR (CRF) IS PRIMARY NEUROTRANSMITTER
- EXPOSURE TO **CUES**—SIGHTS, SMELLS, SOUNDS—GLUTAMATE IS THE PRIMARY NEUROTRANSMITTER (AMYGDALA

STIMULATION)



CRAVING

- BASELINE DOPAMINE LEVELS ARE PATHOLOGICALLY DEPLETED—
 "PLEASURE DEFICIENCY STATE"
- NOW USER IS TAKING DRUG JUST TO GET THEIR DOPAMINE LEVELS BACK TO NORMAL AGAIN AND AVOID THIS DECREASED HEDONIC STATE





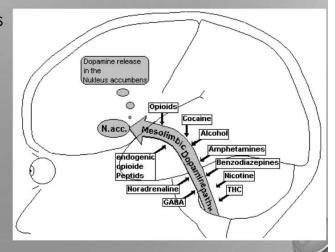
DRUGS OF ABUSE

- VIRTUALLY ALL ADDICTIVE DRUGS ARE DOPAMINE AGONISTS
- INCREASED DOPAMINE AT THE NEURONAL SYNAPSE BY INCREASED DOPAMINE RELEASE OR DECREASED UPTAKE "FLOODING THE REWARD CIRCUIT WITH DOPAMINE"
- INITIALLY EUPHORIA WHICH STRONGLY REINFORCES REPEAT USE.
- WITH SUCCESSIVE USE THE REWARD DIMINISHES
 AND TOLERANCE DEVELOPS

- DOPAMINE RECEPTORS DECREASED

 IN NUMBER AT THE N. ACC
- OPIOID RECEPTORS BECOME LESS EFFICIENT

IN ACTIVATING ASSOCIATED CELLULAR PROCESSES AND THEREFORE REDUCES OPIOID EFFECT



Peer Mentor Services

The OSCA and DCF Peer Mentor Program is available to all participating and interested providers to engage and train physician peer mentors and medical staff, and provide technical assistance to providers administering medication-assisted treatment involving Vivitrol. Technical assistance services via phone or email are paid for by the Florida Alcohol and Drug Abuse Association.

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	FDA-Approved Medications for Substance Use Disorders										
Medication Generic Name	Use	Trade Name	How it works	Abuse Potential	Administration Method	Length of Effects	Appropriate for People:	Special License or Credential	Criteria	Year Approved by FDA	Physician Training Required
Buprenorphine	Alcohol and Opioids	ReVia® Depade® VIVITROL® Suboxone® Subutex® Zubsolv® Butrans® Probuphine® Sublocade®	Antagonist - By blocking opioid receptors, it blocks cue-triggered craving and decreases the euphoric effects of alcohol. Partial Agonist - A long-acting partial opioid, it relieves withdrawal, decreases craving, and prevents euphoria if other opioids are used. Combined with Naloxone prevents IV abuse of buprenorphine (Suboxone/Zubsolv).	Yes	Oral, tablet 1 x day VIVITROL® - Injection taken every 30 days Oral, tablet sublingually or sublingual film once daily. Transdermal. Implant. Injectable.	Oral – 24 to 36 hours. Injection – 30 days. Oral – 24 to 36 hours. Transdermal – 7-day skin patch Implant – 6 months. Injection – 30 days.	Motivated to be opioid- free and willing to undergo detox. Leaving rehab or jail/prison opioid-free. Monitored by judicial or other system that does not allow agonist treatment. Shorter duration opioid addiction. Structure and social supports in place. Able to adhere to treatment plan wo/daily contact or supervision. Has structure in daily life and strong support system. Adequate stress management skills. Individuals with cardiac concerns.	No Varies by state	Detox required before use - 3 to 5 days free of alcohol; 7 to 10 days free of opioids or rapidly detoxed. Screen out if significant liver issues identified through labwork. Cannot be used with pregnant women. Can be used in detox. Induction and maintenance done via prescription lasting few days to few weeks.	1994 – naltrexone; VIVITROL® - for alcohol 2006, opioids 2010	Yes – 8 hours of training for physicians; 24 hours of training for ARNPs and PAs (DEA-X No. required)
Methadone	Opioids	Methadone	Agonist - A long-acting "full" opioid that relieves withdrawal, blocks craving, and prevents euphoria if other opioids are used.	Yes	Oral, liquid solution, 1-2x day	Oral – 24 to 36 hours.	Long history of opioid use of one year or more. IV route of drug administration. Individuals needing daily contact/supervision. Chronic pain problems. Pregnant women. Can handle or needs long-term dosing.	Yes – certification by state and feds	Can be used in detox. Induction and maintenance done via daily "on-site" dosing at specialty clinics meeting federal and state guidelines only. Take-home dosing only after extensive, successful time in maintenance treatment.	1947	No

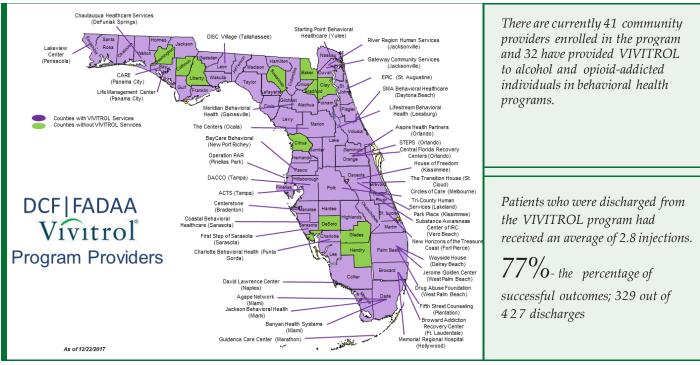
Sources: SAMHSA, 2015. NIATx, 2010. D. Gastfriend, MD, 2017.

SUPPORT FUNDING TO STOP THE OPIOID CRISIS IN FLORIDA

DCF EXTENDED-RELEASE INJECTABLE NALTREXONE PROGRAM

ADMINISTERED BY FADAA

The 2017 Florida Legislature appropriated \$6.3 million in recurring general revenue for the Florida Department of Children and Families (DCF) to provide extended-release injectable Naltrexone (VIVITROL) to treat alcohol and opioid dependent individuals that are eligible for publicly funded behavioral health services. The DCF contracted with the Florida Alcohol and Drug Abuse Association (FADAA) to manage reimbursement of VIVITROL services to substance abuse treatment providers. The reimbursements cover the cost of client screenings, medical assessments, administration of the medication, and medical support and monitoring.



DCF VIVITROL PROGRAM STATISTICS Nov. 1, 2015 - Nov. 30, 2017

OF THE 1,056 PATIENTS WHO RECEIVED ONE OR MORE INJECTIONS:

- 2,053 people have been screened
- 1,269 people received medical assessments/labs (61.8% follow through rate from screenings)
- 1,056 patients received 1 or more injections (83.2% follow through rate from medical assessments/labs to injection protocol)
- 2,930 injections have been administered

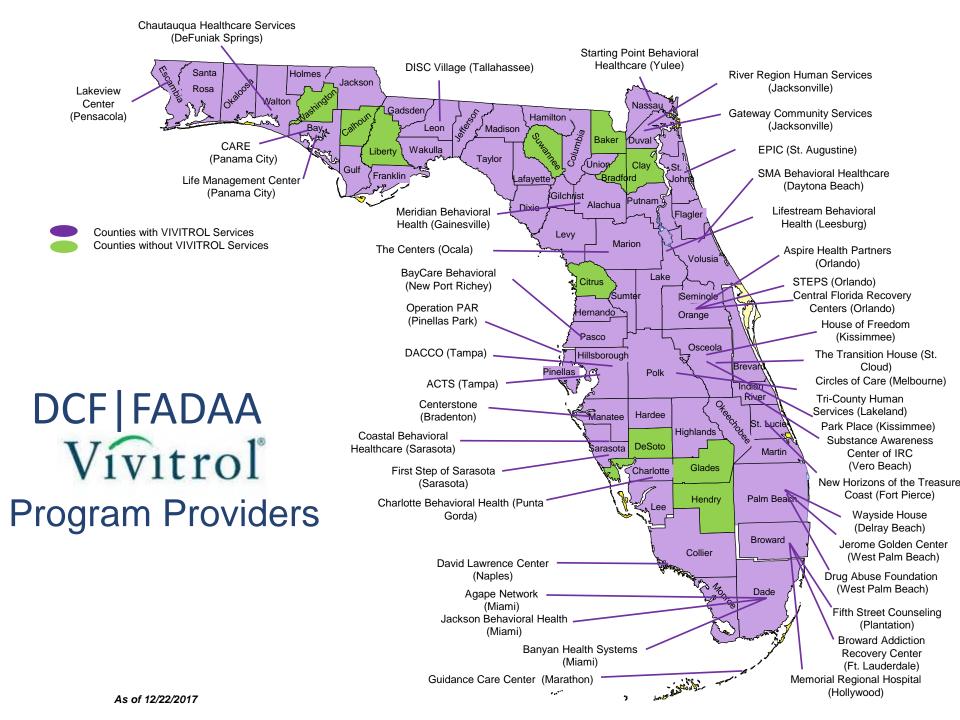
Demographics:

49.1% female, 50.9% male, 85.5% Caucasian, 88.4% Non-Hispanic. The average age of the patients is 40.11.

Drugs of Abuse:

- Alcohol (47.6%)
- Opioids (40.1%)
- Combination Alcohol/Opioids (12.3%)

For More Information Please Contact:

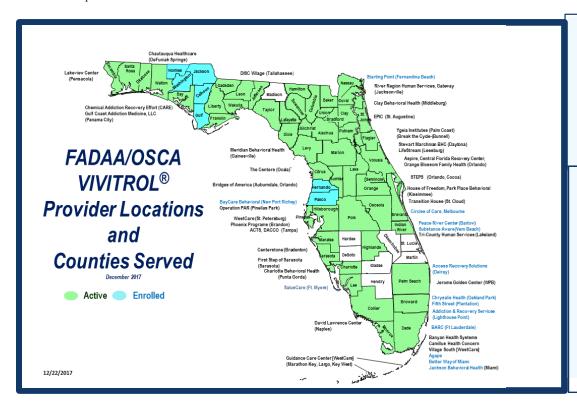


SUPPORT FUNDING TO STOP THE OPIOID CRISIS IN FLORIDA

OSCA EXTENDED-RELEASE INJECTABLE NALTREXONE PROGRAM

ADMINISTERED BY FADAA

The 2014 Florida Legislature appropriated \$1 million in recurring General Revenue funds and \$2 million in non-recurring funds to provide extended-release injectable naltrexone (VIVITROL®) to treat alcohol and opioid addicted offenders in community-based drug treatment programs. For FY 17-18 the Legislature appropriated \$5 million recurring and \$2.5 million non-recurring for this program. These funds were appropriated to the Office of the State Court Administrator (OSCA) who has contracted with the Florida Alcohol and Drug Abuse Association (FADAA) to establish a program enabling providers to access this medication. Providers are reimbursed for screening and assessing individuals for the appropriateness of administering VIVITROL®, for administration of the medication, and for medical support and monitoring. These dedicated resources made available by the Legislature enable providers to expand their clinical and medical treatment protocols and make more treatment options available to the courts.



There are currently 48 community providers enrolled in the program and 35 are regularly providing VIVITROL to alcohol and opioid addicted individuals in the criminal justice system.

Patients who were discharged from the VIVITROL program had received an average of 3.46 injections.

76.5% -the

percentage of successful outcomes; 746 out of 975 discharges

FADAA/OSCA VIVITROL PROGRAM STATISTICS FEB 1, 2015 - Nov 30, 2017

OF THE 2,099 PATIENTS WHO RECEIVED ONE OR MORE INJECTIONS:

- 4,355 people have been screened
- 2,883 people received medical assessments/labs (66.2% follow through rate from screenings)
- 2,099 patients received 1 or more injections (72.8% follow through rate from medical assessments/labs to injection protocol)
- 7,269 injections have been administered

Demographics:

- Average age of patients is 38.68
- 56.4% male, 87.4% Caucasian, 85.1% Non-Hispanic

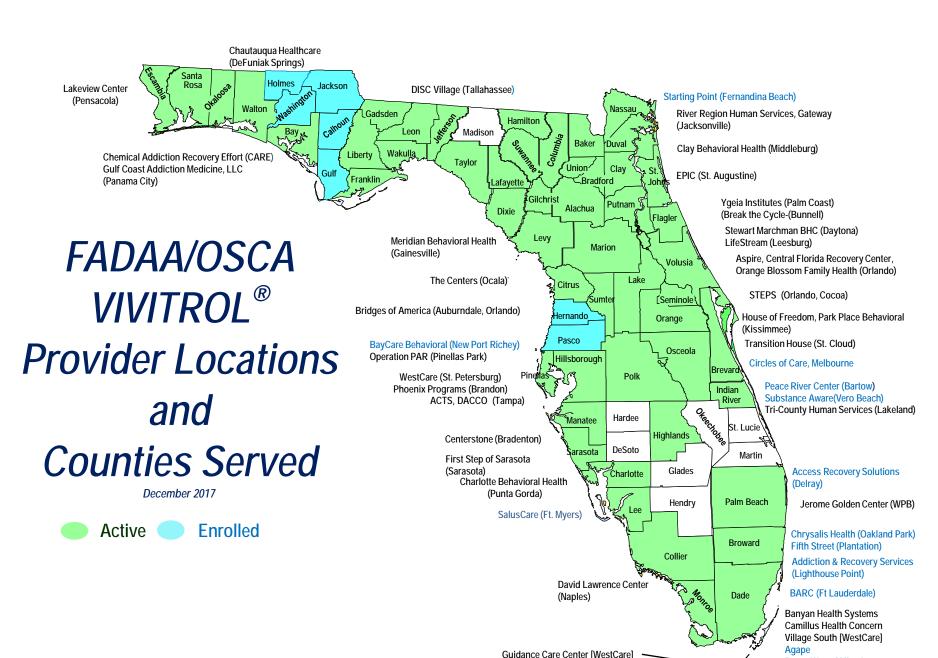
Drugs of Abuse:

Opioids 51.3%, Alcohol 34.8%, Both 13.9%

Referral Sources:

- 597 Criminal Court (28.4%)
- 316 Drug Court (15.1%)
- 1,148 At-Risk for Court/CJ Involvement (54.7%
- 32 Mental Health Court (1.5%)
- 6 Veterans Court (0.3%)

For More Information Please Contact: Florida Alcohol and Drug Abuse Association 850-878-2196 or www.fadaa.org apply at: https://portal.fadaa.org/



(Marathon Key, Largo, Key West)

Better Way of Miami

Jackson Behavioral Health (Miami)



WestCare / Village South

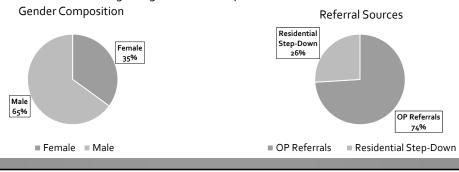
REACH Opiate Program

REACH, which stands for Recovery and Extended Addiction Counseling in-Home, is an outpatient treatment program that consists of a 3 phase comprehensive approach designed specifically for the treatment of opioid addictions.

The program offers weekly clinical sessions, peer support services and medical services. In addition, Co-occurring disorders are identified and treated. Linkages to community support groups are made along with housing and vocational assistance. This all-encompassing approach ensures a stable, recovery oriented support system.

Whom We Serve:

- Referral sources include Needle Exchange Program, Dependency Court, Drug Court, Self-Referrals, SFBHN Waitlist and Residential Treatment Programs.
- The average age is 31.8 years old, ranging from 18 to 57 years. The majority of the clients served are between 25-35 years old.
- The average client admitted to the REACH program presented with an extensive multi-year history of substance use, with ages of first use ranging from 11 years old to 47 years old with an average length of use of 12 years.

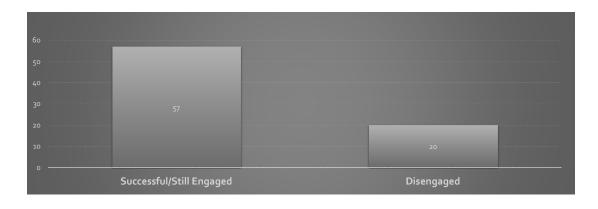


Engagement Outcomes

- While in the REACH MAT Program the consumers will receive an array of services including: Individual therapy, case management, peer support services, urinalysis, transportation and medical services among others.
- Total Served YTD- 80
- 37 total discharges
- 21 (Assessed but never engaged)
- 14 Successful
- 2 Unsuccessful
- Success Rate of 86%

Impact on Drug Use / Outcomes

• In FY 2016-2017 (71%) of the clients enrolled in the program are currently compliant or successfully discharged.



Implementation/ Program Structure

PHASE I – Duration: 90 days - Admission- 3 months "Treatment"

Admissions

- SA/MH Assessment- Detox
- Psychiatric Evaluation
- Lab Work
- HIV Test
- HEP CTest
- Pregnancy Test
- Treatment

Treatment

- 2 hours p/week Clinical Services
- 2 hours p/week Case Management
- 4 hours p/week Peer Services
- 4 Urinalysis per week
- Weekly Medical Services with Medication provided

Implementation/ Program Structure

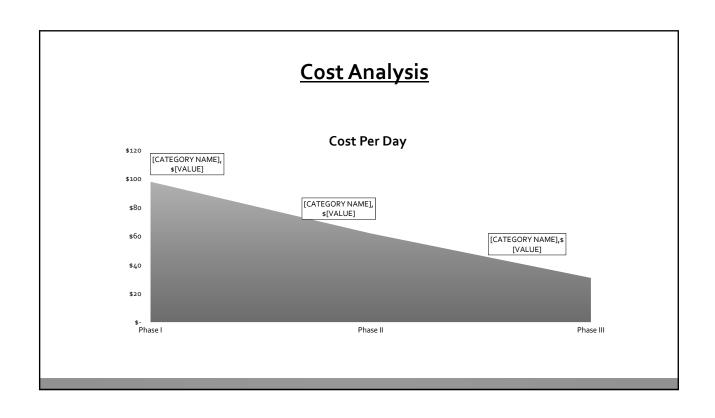
PHASE II - Duration: 90 days - Month 3-6 "Continuing Care"

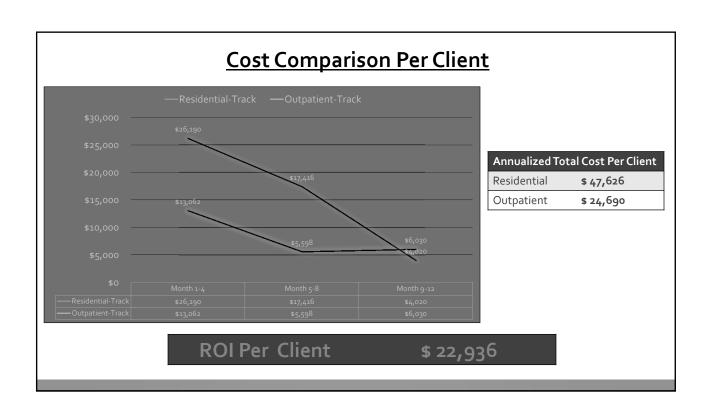
- Continuing Care
 - 2 hours p/month Clinical Services
 - 2 hours p/month Case Management
 - 12 hours p/month Peer Services
 - 2 Urinalysis per week
 - Bi-Weekly Medical Services with Medication provided

Implementation/ Program Structure

PHASE III - Duration 6 Months "Maintenance"

- Maintenance
 - 2 hours p/month Case Management
 - 4 hours p/month Peer Services
 - 1 Urinalysis per week
 - Monthly Medical Services with Medication provided









Engagement Strategies

PROGRAMS USING MAT

- Statewide SAMHSA Opioid Grant (STR) funded through DCF
- OSCA Funded Vivitrol Program
- Medicaid Funded Suboxone
- City of Jacksonville Opioid Pilot

INTERESTING DATA

- 75 individuals: 71 Buprenorphine; 4 Vivitrol
- 7 did not return after 1st visit (9%)
- 4 unsuccessful (5%)
- One (1) OD death after leaving treatment (0.01%)
- Zero (0) OD deaths while in program (100%)
- Current census of individuals being served:
 - > Suboxone: approximately 30
 - ➤ Vivitrol: 52
 - City of Jacksonville Grant: 35 Through December

OBSTACLES TO ENGAGEMENT

- Hesitancy committing to treatment
- Transportation
- Safe housing
- Provider criteria for mat
- Times offered for clinical services

ENGAGEMENT STRATEGIES

- Care Coordinator (CC)
- Peer Specialists
- Electronic Communication
- Clinical TX Phobic Individuals-Counselor In MAT
- Meet with Peer Specialists Individually
- Frequent Contact with Peer Specialists/CC
- Providing Transportation Assistance
- Family Education Group Peer Specialist Led
- Family Support Group