

INTRODUCTION TO MOTIVATIONAL INTERVIEWING



Date and Location

November 4-5, 2010
8:30 a.m. to 4:30 p.m.
Wyndham Westshore Hotel
700 N. Westshore Blvd
Tampa, Florida

Trainer

L. Worth Bolton, MSW, LCAS, CCS
Clinical Assistant Professor
UNC-Chapel Hill School of Social Work

Continuing Education

13.5 Continuing Education Units

NAADAC Provider #516, Exp. Date 12/31/2011

National Board for Certified Counselors (NBCC)
#6344

Florida Certification Board Provider #5033-A
Exp. Date 12/31/10.
FCB is an IC&RC affiliate.

Florida Board of Clinical Social Work, Marriage
and Family Therapy and Mental Health
Counseling Provider #50-1836, Exp. Date
03/31/11

Florida Board of Nursing Provider #50-1836,
Exp. Date 10/31/11

Why Attend This Training?

Counselors and others working with persons struggling with behavior changes may face various levels of resistance to the change process. Overcoming this resistance is essential to helping the client to reach his or her life goals.

Motivational Interviewing, as developed and defined by Miller and Rollnick, is a style of interaction that is person-centered but directive in its approach. Participants will use didactic, audio-visual, and small group work to examine the principles and practice the skills needed to effectively engage clients around their ambivalence and possibilities for a change in behavior.

What Will I Learn?

By the end of this training session participants will be able to:

- Understand the rationale and principle concepts of Motivational Interviewing.
- Demonstrate proficiency in basic listening and responding skills needed to engage clients.
- Recognize the importance of “ambivalence” and “discrepancy” in helping clients discuss the possibilities of changing their behavior.
- Identify areas of personal and professional growth needed to continue to improve listening and responding skills and maintain consistency in this helping approach.

Who Should Attend?

- ◆ Peer Specialists
- ◆ Case Managers
- ◆ Criminal Justice Personnel
- ◆ Addiction and Mental Health Counselors
- ◆ Veterans' Service Providers

Register

- Registration is limited to **30 participants**.
- **No cost to participants, but you must pre-register**
- Register by e-mail: jjones@flcertificationboard.org
Include Name, Agency, Phone number and e-mail
- **Registration Deadline – November 1, 2010**
No Walk-In Registration