

# Trauma-Informed Care 101

**Trauma-Informed Care 101** is a community effort to help educate stakeholders in Pinellas and Pasco counties on what is trauma and how we can be a more trauma-informed system.

Participants that would benefit include mental health and substance abuse agency staff, school personnel, family members and consumers, advocates, and other community stakeholders.

"Traumatic experiences can be dehumanizing, shocking or terrifying, singular or multiple compounding events over time, and often include betrayal of a trusted person or institution and a loss of safety. Trauma can result from experiences of violence. Trauma includes physical, sexual and institutional abuse, neglect, intergenerational trauma, and disasters that induce powerlessness, fear, recurrent hopelessness, and a constant state of alert. Trauma impacts one's spirituality and relationships with self, others, communities and environment, often resulting in recurring feelings of shame, guilt, rage, isolation, and disconnection. Healing is possible.

Although exact prevalence estimates vary, there is a consensus in the field that most consumers of mental health services are trauma survivors and that their trauma experiences help shape their responses to outreach and services.

Trauma-informed care is an approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives. "

## Training Dates: (There are 5 trainings in the area. Please register for **one day only**. The trainings are free.)

Date	Location	Address	Registration
April 19th, 2011 1 - 4 pm	Eckerd Community Alternatives	8550 Ulmerton Rd. Suite 130 Conference Room Largo, FL	<a href="http://trauma101a.eventbrite.com">http://trauma101a.eventbrite.com</a> Registration begins March 18th, 2011 and ends April 15th, 2011
May 10th, 2011 1 - 4 pm	Baycare	16255 Bay Vista Drive Clearwater, FL 33760	<a href="http://trauma101b.eventbrite.com">http://trauma101b.eventbrite.com</a> Registration begins April 8th, 2011 and ends May 6th, 2011
June 6th, 2011 1 - 4 pm	Mary Grizzle Building	Suite 418 11351 Ulmerton Road Largo, FL 33778	<a href="http://trauma101c.eventbrite.com">http://trauma101c.eventbrite.com</a> Registration begins May 5, 2011 and ends June 3, 2011
July 20th, 2011 1 - 4 pm	Operation PAR	13800 66 <sup>th</sup> Street North Largo, Florida	<a href="http://trauma101d.eventbrite.com">http://trauma101d.eventbrite.com</a> Registration begins June 17, 2011 and ends July 15, 2011
August 18th, 2011 1 - 4 pm	Community Hospital	5637 Marine Parkway In-service Classroom, 2nd Floor (*take stairs, there is no elevator) New Port Richey, FL	<a href="http://trauma101e.eventbrite.com">http://trauma101e.eventbrite.com</a> Registration begins July 15th, 2011 and ends August 12th, 2011

### Hosted by :

#### Department of Children and Families

The training is a collaborative effort by the Trauma-Informed Care Workgroup in Circuit 6.

Please contact Chambee Smith, DCF, with any further questions. (813) 558-5700 or

[chambee\\_smith@dcf.state.fl.us](mailto:chambee_smith@dcf.state.fl.us)

