

## Suncoast Region's Trauma Informed Care (TIC) Strategic Plan

July 2010 – March 2011

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		Circuit 13 DCF Champion:	Kelly Kelley, C13 APS OPA
		Circuit 20 DCF Champions:	Cookie Coleman, C20 Admin. & Kim Kutch, C20 Operations Manager
Adult Services Prog. Office:	Pam Blumenthal, Prog. Admin.	CFBHN (Managing Entity):	Neil Dwyer, C6 & C13 Comm. Mgr. Vacharee Howard, C12 & C20 Comm. Mgr.

### **1. Provide support and technical assistance for both macro (system) level and micro (clinical) level trainings in each Circuit (Circuit 6, 12, 13, 20).**

Completed: DCF shared with the community two trainings in Hillsborough County: "Seeking Safety" & "Motivational Interviewing," sponsored by the Veteran's grant in November 2010. (clinical)

Completed: DCF & CFBHN assisted in providing a TIC community workgroup in Circuit 12 on September 30<sup>th</sup>, 2010. (system)

Completed: DCF & CFBHN participated in Circuit 20 training on trauma presented by Dr. Brown from Charlotte Behavioral Health on November 18<sup>th</sup>, 2010. (clinical & system)

Completed: DCF Operations and Programs met November 4, 2010 to form Trauma Champions within DCF in each Circuit & implement TIC within the Department. (system).

Completed: DCF & CFBHN assisted DCF central office in hosting a training on Trauma & Attachment with 350 participants throughout the region January 25<sup>th</sup> and 26<sup>th</sup>, 2011. (clinical)

Completed: DCF & CFBHN assisted DCF central office in hosting a training on Trauma & Attachment with SIPP providers throughout the state on January 27<sup>th</sup>, 2011. (clinical)

Completed: Circuit 12 mental health providers are including TIC in their employee orientations & are training local law enforcement as part of the CIT curriculum (system).

Completed: DCF staff in Circuit 20 have established dates of trainings for all staff in Access, Adult Protective and Child Protective Departments in February, March and April 2011. (system).

Completed: DCF staff in Circuit 12 have established dates of trainings for all staff in Access, Adult Protective and Child Protective Departments in March, April and May 2011. (system).

Completed: Circuit 13 workgroup contacted Colleen Clark with FMHI to discuss TIC resources specific to adults/elderly population.

Completed: DCF APS program staff & SAMH program staff attended a training in Tarpon Springs, FL on “Domestic Violence: Trauma and Youth” with speaker Tonier Cane in February 2011. (system).

Action step 1: DCF staff are participating in all Circuit workgroups regarding TIC. (clinical & system)

Action step 2: DCF staff are participating in a Pasco Workgroup regarding their Conference scheduled March 15<sup>th</sup>, 2011, sponsored by the Pasco County Sheriff’s Office. The conference’s guest speakers are from Duke University on TIC. (system)

Action step 3: DCF & CFBHN will assist central office in hosting a training on Trauma & Attachment: Ft. Myers, September 12<sup>th</sup> and 13<sup>th</sup>, 2011. (clinical)

Action step 4: DCF Circuit 6 staff will work to establish two levels of trauma training for DCF APS staff 1) all DCF staff will receive trauma informed care 101 and 2) staff that work in the field will receive more intensive trauma informed care training. (system)

Action step 5: DCF & CFBHN will verify that all substance abuse and mental health providers contracted with CFBHN in the region are including TIC in their employee orientations (system).

Action step 6: DCF staff are assisting the Circuit 6 workgroup in hosting 5 community-wide Trauma 101 trainings between April and August, 2011. (system)

Action step 7: DCF APS Program Staff are reaching out to Tonier Cane & Joan Gillece with the National Center for Trauma-Informed Care to conduct a training for staff in the Circuit 13. (system).

**2. Provide data for each Circuit regarding the community’s a) readiness, b) competent practices and c) involvement of trauma survivors in TIC workgroups, trainings and any policy changes (Circuit 13).**

Completed: FMHI is reviewing the current readiness assessments and possibly combining two tools to apply to the region. FMHI established in November 2010, “Creating Trauma-Informed Care Environments: An Organizational Self-Assessment,” available at [www.cfbhn.org](http://www.cfbhn.org).

Completed: Circuit 13 workgroup members and community stakeholders completed an online survey utilizing the “Creating Trauma-Informed Care Environments Organization Self-Assessment” in October 2010.

Action step 1: DCF & CFBHN will look into using an online survey tool to measure the region’s readiness with FMHI’s updated assessment.

Action Step 2: After completing the assessment, DCF & CFBHN will review competent practices including, but not limited to, environmental practices.

Action Step 3: FMHI will assist in searching for a curriculum to assist trauma survivors in telling their story. DCF is researching the NAMI curriculum, “In Our Own Voice.”

Action Step 4: Circuit 13 will form a group to review the results of the “Creating Trauma-Informed Care Environments Organization Self-Assessment” and look at re-assessing in six months.

**3. Provide support and technical assistance in incorporating other initiatives into the TIC initiative such as co-occurring and recovery (Circuit 6).**

Action step 1: DCF & CFBHN will revisit combining the initiatives after the initial trainings in each Circuit have been conducted or will be revisited by July 2011.

Action step 2: DCF & CFBHN are looking to assist Circuit 6 in combining the Recovery and Resiliency Task Force (RRTF) with the Trauma-informed Care (TIC) Workgroup.

**4. Collaborate with the Community Based Care organizations regarding their Dependency Court Improvement Plan (DCIP) TIC plan from the 2010 Dependency Summit (Circuit 6, 12, 13, 20).**

Completed: Circuit 6: DCF assisted Eckerd Community Alternatives (ECA) in merging the Dependency Summit TIC plan with the TIC Workgroup Plan in November 2010.

Completed: Circuit 13: Hillsborough Kids (HKI) presented their Dependency Summit plan to the group in November 2010 to discuss integration in Circuit 13. HKI is an on-going member of the community TIC workgroup.

Completed: Circuit 12: Safe Children’s Coalition (SCC/YMCA) is an on-going member of the Circuit 12 community TIC workgroup.

Completed: Circuit 20: CFBHN assisted C20 in developing their DCIP trauma-informed care plan. DCF invited the Children’s Network to begin participation in the community TIC workgroup.

**5. Maintain the CFBHN TIC webpage including posting of workgroup minutes and TIC resources (Circuit 6, 12, 13, 20).**

Completed: CFBHN started a TIC Webpage on their site [www.cfbhn.org](http://www.cfbhn.org)

Action step 1: CFBHN will maintain updated minutes from the workgroups as well as TIC resources on their website.

**6. Share, review and incorporate goals from the Statewide TIC workgroup and the Governor's Report on Disabilities 2009 recommendations G-1 (ensure providers have been trained in TIC), G-2 (establish programs to support persons with psychiatric disabilities at risk for criminal justice involvement), and G-3 (support needs of returning veterans with traumatic brain injury or behavioral health needs).**

Action step 1: DCF & CFBHN are assisting Circuit 6, 12, 13 and 20 in training efforts (Goal #1).

Action step 2: DCF is assisting in the Veteran's grant which includes jail diversion and trauma recovery in Circuit 13.

**7. Review and update CFBHN contract monitoring processes to include TIC and implement a MOU for provider agencies (Circuit 12, 13).**

Completed: DCF & CFBHN are assisting the Circuit 13 workgroup in forming a TIC MOA to be utilized in the Suncoast Region.

Action step 1: The Circuit 13 MOA workgroup will present the MOA at the April 2011 meeting.

Action step 2: CFBHN is updating the monitoring process of their contracted providers to include questions related to trauma informed care integration in provider policies and procedures.

**8. Ensure broad representation at circuit workgroups including DJJ, DOE, DOC, DOH, DCF Family Safety, DCF ACCESS, DCF APS, APD, AHCA, USF FMHI, CFBHN contracted providers and community advocates (Circuit 20).**

Completed: DCF & CFBHN met with all DCF Program Office Managers across the region November 4, 2010 regarding TIC.

Completed: DCF & CFBHN trauma champions are meeting monthly on a conference call to discuss progress on region and circuit plans.

Completed: All of the attendees at the January 25 and 26<sup>th</sup> Trauma and Attachment training received information of the next time, date, and location of their local TIC workgroups to increase broad participation.

Action step 1: DCF will contact DJJ and APD to become active in the Circuit 13 workgroup.

Action step 2: Circuit 12 is presenting TIC to community groups including: Sarasota Community Alliance, Behavioral Health Stakeholders' Consortium, Family Safety Alliance and the Desoto Consortium.

Action step 3: Circuit 20 hopes to talk with Judge Krier on getting involved with the workgroup.

#### **9. Collaborate with USF FMHI for support and technical assistance across the region.**

Completed: FMHI completed the "Creating Trauma-Informed Care Environments: An Organizational Self-Assessment," in November 2010.

Completed: Vickie Hummer, FMHI, is presenting at the Pasco conference on TIC in March 2011 regarding engaging families.

Action step 1: DCF & CFBHN are coordinating efforts across the region with FMHI on a monthly call.

Action step 2: FMHI is assisting in training efforts across the region (Goal #1)

Action step 3: FMHI is assisting in obtaining data regarding the region's a) readiness, b) competent practices and c) involvement of trauma survivors in TIC workgroups, trainings and any policy changes. (Goal #2).

#### **10. Provide support and technical assistance for TIC grant opportunities across the region.**

Completed: Doris Nardelli, CFBHN, will continue to research grant opportunities for the region.

Action step 1: DCF & CFBHN will discuss possibilities of TIC integration in the new ATR Substance Abuse program for Circuit 6 and 13.

Action step 2: DCF & CFBHN will work to incorporate TIC into system-of-care initiatives (possible SAMHSA grant application) in Circuit 6.