

**Community Resources for At-Risk  
Lesbian, Gay, Bisexual and Transgender (LGBT) Youth**  
Prepared For the Statewide Suicide Prevention Coordinating Council

**PFLAG: Parents and Friends of Lesbians and Gays** [www.pflag.org/](http://www.pflag.org/)

PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

*PFLAG maintains an extensive on-line resource directory. A broad spectrum of organizations included on the PFLAG website dealing with at risk LBGT youth is included on pages 6-8 below.*

**PFLAG Safe Schools for All** <http://community.pflag.org/Page.aspx?pid=1011>

Resources include fact sheets, bookstore, and posters

<http://community.pflag.org/Page.aspx?pid=1031>

Local Chapters can provide the **Cultivating Respect Certification Program**

<http://community.pflag.org/Page.aspx?pid=1030>

The goal of the PFLAG Safe Schools Cultivating Respect program is to train and certify our members to go directly into schools with community resources, training for the entire staff, model policy and creative programs that address bullying and harassment. After the training you should feel confident and eager to develop a safe schools program in your community. The training consists of:

- Learning to tell our story in an effective and appropriate way depending on the audience.
- Using statistics and current events to build a strong case.
- Skill building on language, policy and problem solving in a school environment.
- Understanding the different access points in a school that you can leverage.
- Training on specific programs that you can implement in your school community.

**Florida PLFAG Chapters**

<p>PFLAG Brandon/Valrico PO Box 1971 Valrico, FL 33595 pflagbrandon@yahoo.com Phone: (813) 728-3235</p>	<p>PFLAG Brevard/Safe Schools 722 Del Mar Circle West Melbourne, FL 32904 pflagbrevard@aol.com</p>	<p>PFLAG Brooksville 3163 Lighthouse Way Spring Hill, FL 34607-2614 gwilli6@tampabay.rr.org Phone: (352) 686-7794</p>	<p>PFLAG Broward (Representative) 7155 Wisteria Way Tamarac, FL 33321 georgebetts@bellsouth.net Phone: (954) 540-3366</p>	<p>PFLAG Englewood/Charlotte Co (Representative) 1305 Blue Heron Dr Englewood, FL 34224 jburgess@siscom.net Phone: (941) 475-7688</p>
<p>PFLAG Florida Keys PO Box 523106 Marathon Shores, FL 33052 dhudson@keywestpflag.org Phone: 305-393-6610</p>	<p>PFLAG Hialeah (Representative) Miami, FL 33015 pflaghialeah@hotmail.com</p>	<p>PFLAG Homestead (Representative) 1845 SE 6 Court Homestead, FL 33033 pflaghomestead@gmail.com Phone: (305) 989-1623</p>	<p>PFLAG Jacksonville PO Box 2971 Jacksonville, FL 33203 pflagjax@aol.com Phone: (904) 737-3353</p>	<p>PFLAG Lakeland/Polk County PO Box 1739 Auburndale, FL 33823 president@pflagofpolkcounty.org Phone: (863) 551-3559</p>
<p>PFLAG Melbourne/Space Coast PO Box 2838 Melbourne, FL 32902-2838 pflag.melbourne@yahoo.com</p>	<p>PFLAG Miami/Bilingual Miami, FL 33156 mayi458@aol.com Phone: (305) 666-1778</p>	<p>PFLAG Naples PO Box 770294 Naples, FL 34107 info@pflagnaples.org Phone: (239) 513-4568</p>	<p>PFLAG New Smyrna Beach/Volusia New Smyrna Beach, FL 32169 pflagnewsmyrnabeach@live.com Phone: (386) 566-2422 Phone 2: (386) 478-9012</p>	<p>PFLAG North Miami (Representative) 2159 Sans Souci Blvd #1401 North Miami, FL 33181 sandrapino12@comcast.net Phone: (954) 703-2960</p>
<p>PFLAG Ocala 147 NE 167th Ct Silver Springs, FL 34488 ocalapflag@aol.com Phone: (352) 857-1739</p>	<p>PFLAG Ocala (Representative) 12051 SE 84th Ave Belleview, FL 34420 ocalapflag@aol.com Phone: (352) 307-3382</p>	<p>PFLAG Orlando/ Central Florida P.O. Box 141312 Orlando, FL 32814 pflagorlando@yahoo.com Phone: (407) 236-9177</p>	<p>PFLAG Palm Beach 683 Pelican Way Delray Beach, FL 33483 pflag@pobox.com Phone: (561) 716-9464</p>	<p>PFLAG Panama City PO Box 1391 Lynn Haven, FL 32444 Cathy.Rifenburg@pflagpc.org Phone: (850) 271-2502</p>
<p>PFLAG Pensacola Emerald Coast 1432 Tiger Lake Drive Gulf Breeze, FL 32563-5701 marge9209@aol.com Phone: (850) 932-0397</p>	<p>PFLAG Pinellas 1055 79th St. South Saint Petersburg, FL 33707- 2714 pflag@tampabay.rr.com Phone: (727) 345-7688</p>	<p>PFLAG Port St. Lucie/Treasure Coast 3262 SW Solitaire Palm Dr. Palm City, FL 34990 ctyankee49@bellsouth.net Phone: (772) 781-4028</p>	<p>PFLAG Sarasota P.O. Box 7382 Sarasota, FL 34278-7382 judyleon@comcast.net Phone: (941) 378-3536</p>	<p>PFLAG Tallahassee 1407 S. Meridian St. Tallahassee, FL 32301 susangageLMT@yahoo.com Phone: (850) 597-2374</p>
<p>PFLAG Tampa Tampa, FL 33647 <a href="mailto:pflagw@aol.com">pflagw@aol.com</a></p>	<p>PFLAG The Villages 1417 San Meteo Avenue The Villages, FL 32159 vlooney4@yahoo.com Phone: (352) 753-2389 Phone 2: (352) 461-4278</p>	<p>PFLAG Vero Beach P.O. Box 650533 Vero Beach, FL 32965-0533 contact@verobeachpflag.org Phone: (772) 778-9835</p>	<p>PFLAG West Palm Beach/ Century Village 150 Cambridge, G West Palm Beach, FL 33417 mymyra@bellsouth.net Phone: (561) 640-4026</p>	

## Human Rights Campaign

### Youth and Campus Activism:

[http://www.hrc.org/issues/youth\\_and\\_campus\\_activism.asp](http://www.hrc.org/issues/youth_and_campus_activism.asp)

### Welcoming Schools Initiative <http://www.welcomingschools.org/>

Kim Westheimer, Director, Welcoming Schools

Welcoming Schools is an LGBT-inclusive approach to addressing family diversity, gender stereotyping and bullying and name-calling in K-5 learning environments. Welcoming Schools provides administrators, educators and parents/guardians with the resources necessary to create learning environments in which all learners are welcomed and respected.

The Welcoming Schools Guide offers tools, lessons and resources on embracing family diversity, avoiding gender stereotyping and ending bullying and name-calling. The primer version of the Guide, An Introduction to Welcoming Schools, is a 93 page resource available for download in its entirety.

Welcoming Schools has been piloted and evaluated in three school districts in Calif., Mass. and Minn. With the completion of the pilots, the project will move toward broader distribution of the Welcoming Schools Guide.

Initiated by a group of parents and educators to meet the needs of students whose family structures are not well represented or included in school environments, Welcoming Schools is also a response to educators who have asked for tools to address bias-based name-calling and bullying. Additionally, it offers a wide range of resources for school administrators and educators to support students who don't conform to gender norms.

### Equality Florida <http://eqfl.org/about/>

Equality Florida administers the Florida Gay Straight Alliance (GSA) Network, a training and support network for LGBT student clubs at over 110 high schools across Florida, with 25 in Miami-Dade. Because of our work in the capital and locally, Florida now protects more students from anti-LGBT bullying than any other state except California.

### Safe Schools program <http://eqfl.org/issues/schools.php>

### Florida Gay-Straight Alliance Project: <http://eqfl.org/gsa/index.html>

Michael Farmer

GSA Network Coordinator

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Email: michael@eqfl.org

### Equality Florida Gay-Straight Alliance Project Registered Schools

Alexander W Dreyfoos Junior School Of The Arts	Deland H.S.	J.P. Taravella H.S.	Miami Lakes Educational Center	School For Advanced Studies - South
Allen D Nease H.S.	Design & Architectural Senior H.S.	John A. Ferguson Senior High	Miami Senior H.S.	South Dade Senior H.S.
American Senior H.S.	Dillard H.S.	Jupiter H.S.	Miami Southridge Senior High	South Plantation H.S.
Apopka H.S.	Dr Michael M. Krop Senior H.S.	Key West H.S.	Miami Springs Senior H.S.	South Tech Academy
Atlantic H.S.	Ed White H.S.	Lake Brantley H.S.	Miami Sunset Senior H.S.	St. Petersburg College
Barbara Goleman Senior High	Embry Riddle Aeronautical University	Liberty H.S.	Miramar H.S.	Sunlake H.S.
Booker H.S.	Everglades H.S.	Lyman H.S.	Monarch H.S.	University H.S.
Booker T. Washington Senior H.S.	Felix Varela Senior H.S.	Maritime & Science Technology Academy	North Miami Beach Senior High	Wekiva H.S.
Charles W. Flanagan H.S.	Florida International University - Biscayne Bay Campus	Marjorie Stoneman Douglas H.S.	Northeast H.S.	Wesley Chapel H.S.
Coconut Creek H.S.	Florida International University - University Park Campus	Mater Academy Charter High	Nova H.S.	West Orange H.S.
College Academy @ BCC Central	Fort Lauderdale H.S.	Merritt Island H.S.	Olympic Heights Community High	Western H.S.
Coral Gables Senior H.S.	G. Holmes Braddock Senior High	Miami Beach Senior H.S.	Palm Beach Central H.S.	William T. Mc Fatter Technical H.S.
Coral Glades Senior H.S.	Hallandale H.S.	Miami Central Senior H.S.	Park Vista Community H.S.	Winter Park H.S.
Coral Reef Senior H.S.	Hialeah Senior H.S.	Miami Coral Park Senior High	Pinecrest H.S.	Zephyrhills H.S.
Coral Springs Charter School	Hialeah-Miami Lakes Senior High	Miami Country Day School	Piper H.S.	
Coral Springs H.S.	Hollywood Hills H.S.	Miami Edison Senior H.S.	Poinciana H.S.	
Cypress Bay H.S.	Homestead Senior H.S.	Miami Jackson Senior H.S.	Pompano Beach H.S.	
Cypress Lake H.S.	Ida S Baker H.S.	Miami Killian Senior H.S.	Satellite Senior H.S.	

**The Trevor Project:** <http://www.thetrevorproject.org/>

The Trevor Project is determined to end suicide among LGBTQ youth by providing life-saving and life-affirming resources including our nationwide, 24/7 crisis intervention lifeline, digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone.

**The Trevor Lifeline:** 866-488-7386

**Suicide Resources:**

<http://www.thetrevorproject.org/suicide-resources/suicidal-signs>

**Lifeguard Workshop materials**

<http://www.thetrevorproject.org/form/download-trevor-lifeguard-workshop-guide>

### **It Gets Better**

Dan Savage inspired the It Gets Better Project, a grass-roots outreach on YouTube to reach at risk LGBT youth. <http://www.youtube.com/user/itgetsbetterproject>

*One amazing public moment from this project is captured on the Courage Campaign website at: <http://www.couragecampaign.org/page/s/ThankYouJoelBurns> You might have already seen this powerful “It Gets Better” story told by Joel Burns, a member of the Ft. Worth City Council in Texas. Since a video of Joel’s poignant city council testimony was posted on Wednesday, more than 1.6 million Americans have watched it and shared it with their friends.*

## **Additional Resources as identified by the PFLAG Website**

<http://community.pflag.org/Page.aspx?pid=1039>

### **American Civil Liberties Union**

<http://www.aclu.org/>

This site includes resources for students, parents and educators to use when dealing with legal issues, as well as a link for reporting harassment after all other interventions have failed.

### **Safe Schools Coalition**

<http://www.safeschoolscoalition.org/>

This collection of groups and individuals is an excellent resource for anyone working with youth, including the youth themselves. Find timely, attractive, and easily reproducible resource on their site.

### **Gay, Lesbian and Straight Education Network**

<http://www.glsen.org/cgi-bin/iowa/all/home/index.html>

The Gay, Lesbian & Straight Education Network strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. They feature many resources, including School Climate Surveys, the State of the States report, a Lunch Box for teachers, and more.

### **Gay/Straight Alliance Network**

<http://gsanetwork.org/>

While this organization is located in California, their resources are applicable nationwide. Their mission is empowering youth activists to fight homophobia and transphobia in schools. Check out their pamphlet, Beyond the Binary regarding support for transgender youth.

### **Lambda Legal Defense and Education Fund**

<http://www.lambdalegal.org/>

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. They feature publications to educate youth about their rights including Out, Safe & Respected.

### **Family Equality Council**

<http://www.familyequality.org/site/PageServer>

Family Equality Council is dedicated to securing equality for all loving families. In support and pursuit of love, justice, family, and equality, we are committed to making change, sharing information, and building community. You'll find several resources designed to assist GLBT parents in locating and developing welcoming schools for their children on their site.

### **Children of Lesbians and Gays Everywhere (COLAGE)**

<http://www.colage.org/>

COLAGE aims to engage, connect, and empower people to make the world a better place for children of lesbian, gay, bisexual, and/or transgender parents and families. Their site features That's So Gay: Portraits of Youth with LGBT Parents, a photo-text exhibit created by youth and available on CD.

### **Respect for All Project**

<http://groundspark.org/>

It's Elementary, That's a Family, and Let's Get Real. A fourth film is in production. They also have curriculum guides and training to accompany the films.

National Youth Advocacy Coalition

<http://www.nyacyouth.org/resources/lgbtgyouth.php>

National Youth Advocacy Coalition (NYAC) is a social justice organization fighting injustice against LGBTQ youth and advocating to ensure their physical and emotional well-being.

### **It Takes a Team! Educational Campaign for LGBT Issues in Sport**

<http://www.womenssportsfoundation.org/Issues-And-Research/Homophobia.aspx>

It Takes A Team is an education initiative providing information and educational resources for school athletic programs. Go to their web site for resources downloadable at no cost and to order a \$50 DVD education kit which includes a video, posters and safe space stickers for athletics.

### **Teaching Tolerance**

<http://www.tolerance.org/>

Provides free educational materials to teachers and other school practitioner's Web-exclusive offerings including curricula, activities and materials for youth, teachers and parents.

### **The National Gay and Lesbian Task Force**

<http://www.thetaskforce.org/>

The mission of the National Gay and Lesbian Task Force is to build the political power of the lesbian, gay, bisexual and transgender (LGBT) community from the ground up. Check out their issues related to safe schools information.

### **Human Rights Watch**

<http://www.hrw.org/>

Human Rights Watch is dedicated to protecting the human rights of people around the world. Check out their Hatred in the Hallways report.

### **American Association of University Women Educational Foundation**

<http://www.aauw.org/>

The AAUW Educational Foundation provides funds to advance education, research, and self-development for women and to foster equity and positive societal change. Check out

their research reports on sexual harassment in both K-12 education as well as on college campuses.

### **Sexuality Information and Education Council of the US (SIECUS)**

<http://www.siecus.org/>

SIECUS affirms that sexuality is a fundamental part of being human, one that is worthy of dignity and respect. We advocate for the right of all people to accurate information, comprehensive education about sexuality, and sexual health services. SIECUS works to create a world that ensures social justice and sexual rights. Publications include Families are Talking: Why It's Important to Talk About Sexual Orientation and others that provide research and statistics on sexuality issues.

### **The Trevor Project**

<http://www.thetrevorproject.org/>

The Trevor Project is a national organization established to promote acceptance for gay, lesbian, bisexual, transgender and questioning youth and to aid in crisis and suicide prevention among that group. They operate the only nationwide, around-the clock crisis and suicide prevention helpline for LGBTQ youth. Their website provides “Dear Trevor”, a confidential resource where youth can ask questions about sexual orientation and gender identity issues. Their educational component, The Survival Kit, is distributed nationwide to schools and youth service providers to help educators to constructively generate discussion about the myriad of issues surrounding suicide, gender identity and sexual orientation