

## **Action Steps for Implementation Trauma Informed Care Workgroup**

**September, 2010**

### **Department of Juvenile Justice**

#### **Department of Juvenile Justice Accomplishments to date:**

- Rod Love, Dr. Tracy L. Shelby, Jeannie Becker-Powell and Maureen Honan presented Trauma-Informed Care to the DJJ Executive Leadership Team
- Convened a Trauma-Informed Care Workgroup at DJJ Headquarters
- Identified 'Trauma Champions' in all program areas (Prevention, Probation and Community Corrections, Detention, and Residential)
- Tracy L. Shelby, Ph.D. presented The Effects of Childhood Trauma to the Governor's Office, Drug Polity Advisory Council.
- Integrated Trauma-Informed Care training into academies for all new probation and direct care staff in state operated facilities
- Tracy L. Shelby, Ph.D. presented Trauma-Informed Care at the Re-Invensting in Youth Sucess Orlando Community Forum.
- A "Soft Room" was created at Marion Regional Juvenile Detention Center (The atmosphere of the room is immediately calming and is a positive environment to talk with youth and get them to calm down. Staff are able to utilize a variety of calming strategies such as music, games, journaling, and talking with the child. It is also a place for DJJ youth to visit with their children in an environment that is not traumatic for children of incarcerated children.)
- The ACE Study was instituted at the Dove Academy (The ACE Study uses a simple scoring method to determine the extent of exposure to childhood trauma)
- Assessment of confinement policies and procedures in Detention Services resulted in proposing to eliminate mandatory confinement in the Department's proposed in the draft rule.
- Trauma-Informed Care language has been placed in DJJ contracts
- Copies of "Behind Closed Doors" (the story of four women struggling to reconcile violence within the psychiatric system) was distributed to the Regional Detention Centers
- DJJ Hosted Trauma-Informed Care Training for over 350 individuals in Tampa on January 29<sup>th</sup>. Training was provided by Tonier Cain and Joan Gillece from NASMHPD and Dr. Shairi Turner, Florida Department of Health.
- Contact was made with the State of Florida Employee Assistance Program (EAP) representative. A representative for EAP attended the TIC training in Tampa on 1/29/10. The EAP contact information has been incorporated in all of the Department's Trauma-Informed Care Training information.
- Provided Trauma-Informed DJJ training to over 175 DJJ Headquarters personnel in Tallahassee, Florida and an additional 46 employees and stakeholders in Tampa, Florida during the months of June and July 2010.
- Deputy Secretary Rod Love, Tracy L. Shelby, Ph.D. Jeannie Becker-Powell, M.S.W. and Lisa Johnson, M.D. delivered the DJJ Trauma-Informed Care Webcast on July 12<sup>th</sup> to an audience of over 1600 people from multiple states and

countries. The webcast is posted on the Department's web site and is mandatory for all DJJ employees. In addition, the webcast will be posted on the University of South Florida's webpage.

- Tracy L. Shelby, Ph.D. and Jeannie Becker-Powell, M.S.W. presented the Department of Juvenile Justice Trauma-Informed Care presentation to the Florida Association of Community Corrections Conference in July 2010
- DJJ Hosted the Trauma-Informed Care Interagency Meeting on July 21, 2010. Topics included System Induced Trauma, Gang Involved Youth and Trauma, Human Trafficking. Assistant Secretary Rod Love, Tracy L. Shelby, Ph.D., Jeannie Becker-Powell, M.S.W. and Maureen Honan shared the mandatory DJJ Trauma-Informed Care training that has been instituted throughout DJJ.
- Developed a Trauma-Informed DJJ webpage for employees and stakeholders.

### **Next steps**

- The next step in the Department's Trauma-Informed Care initiative is to teach the children about triggers, help them to identify their triggers, help the children develop calming strategies/self soothing strategies. In addition all children will participate in developing a safety plan prior to discharge to the community.
- Once all Department staff are trained in Trauma-Informed Care, the next phase in the Department's training will include a second training that provides more in depth in depth information to the staff. For instance, How to Develop a Safety Plan with a Child.

### **Governor's Commission on Disabilities**

- Presentation to executive leadership team
- Presentation to Executive Office of the Governor
- Included a Trauma Informed Care (TIC) page on the new, one-stop disability website
- Presented 3 recommendations for the use of TIC throughout the State of Florida in the 2009 Governor's Report.
- Presented to the Florida Mental Health & Substance Abuse Corp on the Statewide TIC program
- Participated in the National TIC Planning Summit in Baltimore
- Made several presentations both in and out of Florida on our Statewide TIC
- Discussed the merits of TIC with several members of the Legislature and Agency leadership
- Working with Dr. Shairi Turner and others to look at expanding the ACE study to include a designation of "one time," "daily" or other on times exposed to various traumas

### **Recommendations:**

Presented 3 recommendations for the use of TIC throughout the State of Florida in the 2009 Governor's Report.

- Recommendation G-1
  - Ensure that providers within the community behavioral health system have been trained in Trauma-Informed Care.
    - Partnered with professional associations and received their buy in
    - Working with TIC Workgroup's curriculum committee to develop plan

- Recommendation G-2
  - Establish programs to support persons with psychiatric disabilities who have, or are at risk for, criminal justice system involvement in the community.
    - Commission’s Healthcare Committee is taking testimony from various programs throughout the State to identify best results and determine if/how they can be implemented Statewide.
- Recommendation G-3
  - Support the needs of returning veterans with traumatic brain injury or behavioral health needs through the development of appropriate behavioral health care services and effective systems of referral.
    - Commission’s Healthcare Committee is working with Florida Department of Veteran Affairs to try to identify high needs areas
    - Use this information to determine planning

**Status Update & Next Steps:**

- Commission staff is working to implement TIC recommendations throughout Florida
  - Received support for statewide implementation.
  - Awaiting curriculum committee’s report
- Planning to build TIC into upcoming LBR
- Continue building partnerships and collaborative throughout Florida to switch system wide to TIC
- Training Clearinghouse on Disability Information staff on TIC
- Working to develop training videos for DOC staff and inmates on TIC benefits

**Department of Education**

- Presentation to BEESS (Bureau of Exceptional Education and Student Services) leadership team about TIC
- BEESS leadership to identify other bureaus within DOE who need to be a part of this initiative, identify lead within each bureau
- SEDNET (Multiagency Network for Students with Emotional/Behavioral Disabilities), PBS (Positive Behavior Support), E/BD (emotional and behavioral disabilities) —send them information, follow up with training
- Build trauma-informed care into request for applications for SEDNET contracts next year as part of a wider initiative to transform SEDNET activities
- Present to the Zero Tolerance Task Force

**Status Update:**

- Presentation to SEDNET Project Managers about TIC to prepare them for inclusion of TIC practices as they write their annual grant applications
- TIC materials presented to Bureau of Exceptional Education and Student Services (BEESS) leadership, E/BD district coordinators and PBS staff
- Standards for the Use of Reasonable Force Rule (6A-6.05271) in the rule-making process
- Technical assistance document (TAP) disseminated to provide school districts guidance in developing a district policy against bullying and harassment

- Each district required to develop and adopt a policy prohibiting bullying and harassment of students and staff by December 1, 2008
- Workgroup developing a technical assistance document (TAP) on the use of timeout
- Workgroup developing a technical assistance document (TAP) on Response to Intervention (RTI) for Behavior
- Positive Behavior Support (PBS) training rapidly increasing for schools across state
- PBS staff provided presentation to Zero Tolerance Task Force
- Passage of SB 1540 revises requirements for zero tolerance policies and requires that districts that have a policy authorizing corporal punishment publicly review the policy every three years
- Child Abuse Prevention Information – revision of the Child Abuse Source Book for School Personnel: A Prevention and Intervention Tool
- HB 81 was filed – concerns use of seclusion and restraint on students with disabilities. BEESS has provided initial analysis and is tracking.

### Department of Corrections

- Create link on DC OHS website for trauma references including new motto ('trauma is'...), innovative practices in already in place
- Introduce Trauma Informed Care (TIC) concepts to health care staff statewide via an e-mail message
- Invite individuals to self-identify internal/external trauma champions (i.e. those who have "overcome trauma in their lives and are willing to share their story) via an e-mail message
- Policy Development—review existing Health Services Bulletins for trauma-informed and trauma-specific elements and amend as needed

### Department of Health

- Present to leadership, division director to exec leadership
- Research available resources for training, and add training to TRACK-IT (DOH's internal online training program)
- Talk to Early Steps, Child Protection Teams, Child and Adolescent unit, Infant and Maternal Health, School Health
- Convene agency workgroup
- Begin setting stage /start training to county health departments and Healthy Start
- Create in-service training module for medical foster parents
- Look at places to post resources in shared workspace, e.g., 'SharePoint'

### Status Update:

- The Division of Prevention and Intervention in Children's Medical Services is sponsoring training by Dr. Anthony Mannarino from Allegheny Children's Hospital, which will be broadcast via satellite to various locations around the State on Trauma Focused Cognitive Behavioral Therapy. The training will occur in October and will be open to all agency staff.
- In addition, Dr. Mannarino's training will be videotaped and web-casted –
- Two 2-hour training sessions on "Evidence-based Treatment for Abused Children – Trauma Focused Therapy" presented by Dr. Tony Mannarino are now available for

viewing at *Florida's Center for the Advancement of Child Welfare Practices*  
<http://centerforchildwelfare.fmhi.usf.edu/videos/Pages/cms.aspx> (1/2010)

- Trauma Focused Cognitive Behavioral Therapy is the primary therapeutic approach recommended to the Department of Health's Sexual Abuse Treatment Programs. Child Protection Teams have also been engaged in training on trauma assessments.
- Division staff provides training on child abuse prevention, including the Adverse Childhood Experiences study
- Training and orientation information is entered in the Trak-It system
- The Division of Prevention and Intervention in Children's Medical Services, in collaboration with the Division of Family Health Services presented two (2) distance learning presentations on "Childhood Trauma- a Public Health Issue". The presentations were broadcast live on February 4, 2010 and April 1, 2010. (1/2010)
- These trainings are now available for viewing at *Florida's Center for the Advancement of Child Welfare Practices*(7/28/10)  
<http://centerforchildwelfare.fmhi.usf.edu/videos/Pages/cms.aspx>
- Division staff will work with the Division of Family Health to support training for Healthy Start and CHD's
- The Division of Family Health Services has established a workgroup, including Children's Medical Services personnel, to explore ways to incorporate the identification of adverse childhood experiences/traumatic experiences information gathered from families/individuals served by the Department into the services/treatment provided. (1/2010).
- The Department has established an Intra-agency Trauma Informed Care workgroup. The focus of the workgroup is to increase awareness of and provide strategies for moving programs toward providing trauma informed care and to enhance the appropriateness of supports and services that the Department's staff, programs and related healthcare professionals provide for children, adolescents, and adults. Providing trauma informed care will mean that potential underlying issues impinging on an individual's physical or mental health concerns is recognized and can be addressed along with the whatever acute health issues are being addressed. This should lead to improved provision of health-related services and a more effective and efficient service delivery system.
- Training on Trauma and Chronic Disease was provided by the Bureau of Chronic Disease and was opened to DOH social workers as part of the National Social Work Month celebration in March (7/28/10).
- A screening tool used primarily by Healthy Start programs has been revised to include questions from the ACE Questionnaire. The instruction manual for the tool is also being revised. Training for Healthy Start providers on trauma and the changes to the screening tool is being planned for later in the year. Use of the screening tool in other DOH programs is being explored (7/28/10).
- Family Health Services will utilize monthly conference calls to share information and resources with county health department staff and Healthy Start staff on the effects of trauma and the importance of assessing trauma.
- DOH leadership, division directors and executive leadership has been presented information on TIC and are supportive of training opportunities provided to DOH staff and to the public.

- In-service training module on TIC has been created and presented to MFC staff to provide to MFC parents as a mandatory training in 2010.
- In-service training module on TIC has been posted on the DOH – CMS Intranet, rather than Sharepoint and is available to all DOH staff.
- DOH- Office of Trauma
  - At the March 23, 2010 TIC group meeting, the Director from the Office of Trauma presented the scope of services, regulatory and statutory roles and responsibilities, injury prevention programs and research activities.
  - Trauma Awareness Day which is recognized statewide by staff from the 22 trauma centers, 272 EMS providers, trauma agencies, families and survivors was held on May 20, 2010.
  - Florida Committee of Trauma executive leadership team, trauma surgeons, trauma program managers and trauma registrars were introduced to the TIC concepts at the quarterly meeting held on June 28, 2010.
  - In-service training modules on TIC posted on the DOH website were shared with the 22 trauma center staff executive leaders on June 29, 2010.

### DCF Substance Abuse and Mental Health

- Florida was one of 11 states invited to attend Trauma-Informed Care in Behavioral Health Reform State Dialogue Meeting in Baltimore on March 23 and 24th, 2009. Laurie Blades, Chief of Children’s Mental Health, Bryan Vaughan, Executive Director of the Governor’s Commission on Disabilities, and Dr. Shairi Turner of the Department of Juvenile Justice represented Florida at the meeting.
- The Department of Children and Families Adult Mental Health was awarded a \$110,500 Transformation Transfer Initiative Grant. This funding was used to partner with the National Center for Trauma Informed Care to offer six regional training and strategic planning sessions being in July and August of 2010. Response has been excellent- 300+ participants in each. It is hoped that regional trauma-informed workgroups similar to the state level group will result from the regional trainings.
- Adult Mental Health was awarded a Veteran Jail Diversion Grant, for 1.8million over 5 years to coordinate SAMH services for Veteran’s and their families. This grant also provides funding to train MH providers in TIC delivery.
- Submitted a Legislative Budget Request for FY2010-11 for funding in the amount of \$264,655 (a portion of which would be recurring) for a web-based training initiative to integrate trauma-informed care practices within the Substance Abuse and Mental Health Programs of the Department of Children and Families (DCF) and its service providers.
- Children’s Mental Health has contracted with the Center for Child and Family Health in North Carolina to provide statewide training and technical assistance on the assessment, diagnosis and treatment of children with trauma, attachment difficulties and reactive attachment disorder.
  - The Center conducted sessions at the Dependency Summit tailored to the needs children, youth and families served by child welfare. In addition, the Center conducted a training institute for mental health counselors and a meeting/break-out session with select key stakeholders.

- In the coming year, training will be scheduled in every region in the state. The training will target local key stakeholders for participation. The Suncoast regional training will include an additional day to bring residential treatment providers together to receive focused technical assistance.
- Technical assistance from the Center is part of a larger action plan being implemented by Children's Mental Health in partnership with Family Safety and AHCA to promote trauma informed care and researched-based assessment, diagnosis and treatment practices for children with trauma, attachment difficulties and disorders.
- State Mental Health Treatment Facilities
  - Utilize trauma-informed Care as part of individualized treatment to manage potentially stressful conditions among residents.
  - The Mental Health Program Office has operating procedures which require the use of trauma-informed care in each treatment facility. The operating procedures are Use of Seclusion in Mental Health Treatment Facilities (Children and Families Operating Procedure 155-20), and Use of Restraint in Mental Health Treatment Facilities (Children and Families Operating Procedure 155-21).
  - Each treatment facility is required to employ and update a Resident Safety Plan with each resident.
  - Program Office and facility staff will continue to review practices to improve the delivery of trauma-informed care.
  - Florida State Hospital staff attended trainings on TIC and are piloting a crisis response team.
  - Northeast Florida State Hospital has formed an TIC workgroup and plan to implement an evidence based screening
  - North Florida Evaluation and Treatment Center has included an introduction to trauma-informed care as part of its new employee orientation conducted every 60 days and its annual refresher training for direct care staff conducted twice for two days each month and added a trauma-informed objective for their FY 10-12 Strategic Plan.
  - South Florida State Hospital is training staff, includes a trauma assessment on admissions and after seclusion and restraint events, and is planning policy changes to strengthen their TIC initiative.
  - Treasure Coast Forensic Treatment Center has increased training on TIC and show all new employees *Behind Closed Doors*.
  - South Florida Evaluation and Treatment Center has formed a Trauma-Informed Care Taskforce to strengthen TIC efforts, will be introducing the TREM Model in the coming months, and have introduced some gender specific services.
  -

Presentations:

- Jane Streit, PhD, has made 14 presentations to date to various groups regarding trauma informed care.
- Jackie Beck, MSW, Chief of Adult Mental Health has made presentations of trauma informed care to adult consumers, state hospital staff, and attendees at the Reinvesting Conference in July.

### **Next Steps:**

- Webpage development
- Identifying opportunities to incorporate trauma informed language in rule revision.
- DCF to strengthen own coordination amongst departments around TI Care

### **DCF – Adult Protective Services (APS)**

- Accomplishments to date:
- TIC two-day statewide seminars have raised awareness of TIC ideologies for participating APS workers.
- APS Statewide Training Coordinator, working in conjunction with DCF Mental Health and the Florida Peer Network, arranged for licensed APS employees to receive continuing education credits for their participation in TIC seminars. The feedback from the seminars has been very positive.
- TIC training module for Adult Protective Investigators (APIs) has been completed. This module will be included as part of the in-service training requirements. A module on human trafficking has also been developed and incorporated in the required in-service training curriculum. The in-service training is a new endeavor for adult abuse investigators that will require a minimum of 12 hours annually for each investigator. The purpose of the required training is to maintain standardized training throughout the state. This strategy will support the DCF-APS goal of achieving certification in the near future.
- Next steps:
- In-service TIC training module will soon be available to all APS employees on the statewide APS Intranet website.
- Continue to raise awareness about TIC at all levels of DCF-APS.

### **DCF Family Safety**

- Engage leadership to ensure their understanding of the implications of trauma.
- Review pre and in-service trainings for child protective investigators and case managers and strengthen trauma focus
- Develop agency-centered service/family-centered service guide for families
- Proposed amended legislation and rule as appropriate to address trauma-informed care
- Publish article in Family Safety training bulletin
- Use piloted practices to demonstrate that trauma-specific and trauma-informed practices work, e.g., trauma-focused cognitive behavioral therapy to (Dist 1)
- Create a 'Trauma-informed' corner on the Florida's Center for the Advancement of Child Welfare Practice Web Portal website at FMHI
- Conduct a systems analysis to identify where changes can be made, need to be made
- Review and modify as needed, interagency agreements to support TIC (add attachment) (including DOE)
- Provide information to Community Based Care Lead Agencies so that they can be better informed purchasers of services

### **Status Update:**

- Contracted with provider to enhance family-centered practice—weeklong training event
- Continue work in reducing children in foster care population
- Good job at recognizing the importance of working with families; people looking for concrete ways to do better—webcams to show youth next placement, use ACE study as introduction to families
- Presentation in Big Bend/Panhandle area that will address trauma
- Article on trauma informed care appeared in the child welfare newsletter
- IT is helping to clarify the data about numbers of kids in care; identifying best practices that are helping; working on making better foster care placements; advocates are helping to make changes happen

### **Next Steps**

- Provide information to legislators and other stakeholders regarding the importance of prevention and the cumulative effects of trauma

### **Community Group:**

- Educate key decision makers including leaders of family, youth, consumer, community, advocacy and faith-based organizations
- Use electronic media to get message out as much as possible
- Choose at least one media pathway and ask community organizations to get message out in the next 90 days
- Developing TIC brochure for handouts at trainings, conferences, educational meetings (e.g., the subject might be ‘how do you know if the services you are receiving are trauma-informed?’)
- Review and refine family and consumer peer-to-peer advocacy training modules to incorporate trauma and ‘Strengthening multiethnic families and communities’ violence prevention curriculum
- Review Zero Tolerance policy issues in light of trauma

### **Status Update:**

- Reviewing certified peer specialists training and requirements
- Beth Picora’s self-directed care curriculum--explore
- Peer to peer folks getting continuing education credits for TI Care
- State block grants—Primary Care Physicians possibly being gatekeeper for services
- Outreach with governor’s office and
- May as MH awareness month—May 29 Mental Health Fair (networking for people from different backgrounds, including faith communities), holistic approach
- Division of Mgmt Services—health fair—participate in next year
- Program on the intranet site—wellness site for all state agencies
- Contact local and state media as vehicle to get message out
- Person involved in marketing with newspaper experience and background
- Certified peer specialists—getting buy-in, 800 people involved

- Broad range and diversity of agencies who are “stepping up to the plate” to support certified peer specialists program
- Partnering with Florida State Hospital—first inpatient peer specialist program
- White Foundation (Rod Hall)—ongoing meetings with community partners including school systems in Circuit 1, partner to address increasing violence and bullying—setting up training with teachers around zero tolerance policy
- Write information for newsletter, information and training
- NCTSN Category III application with FMHI/Family to Family
- Florida Certification Board—established a Mental Health advisory board to the Florida Certification Board of Directors; prints a hard copy newsletter to 10,000 people that is an opportunity for TIC care information dissemination
- Possible conference presentations in the future
- May 20 is trauma awareness day—from governor—statement read; next year include link about mental trauma, not just physical trauma

### Apalachee Center, Inc:

- Identification of trauma champion to facilitate TIC initiative across agency programs
- Representation at quarterly community TIC Workgroup
- Development of internal TIC training program
- Provision of TIC training to current directors, supervisors, social and psychological services clinical staff
- Requirement of TIC training as part of orientation process for incoming clinical staff
- Modification of current TIC training program for use as general training with plans for all current and incoming staff involved in direct client service delivery to receive TIC training
- Review of policies and procedures with modification as needed to reflect TIC initiative within the agency's programming
- Review of assessment practices and documentation relative to trauma
- Facilitate trauma specific intervention as informed by best practices relative to direct client service delivery
- Quality improvement and risk management departments review and monitor use of seclusion and restraint

### Kelly Clana, Devereux Residential Treatment Center, Tallahassee

- Training/orientation required for staff – change orientation away from Seclusion & Restraint focus
- Quality assurance and risk management –identify indicators to see if reduction in Seclusion & Restraint Train staff
- Orientation group—clients and care providers coming in for service
- Develop alumni group to come back and talk with children and families in treatment – how TIC was helpful for them. Develop a support network
- Help local district office to convene a mental health forum to get providers together for agency to agency peer support, problem-solving and for training opportunities on trauma-informed care, to identify populations most in need of TIC, and build provider expertise in attachment and trauma

- Bring nonprofit Mental Health providers together and commit to deciding to help kids in mental health, substance abuse, and juvenile justice residential programs that have specialized/trained providers in different areas available for aftercare referrals
- Identify and build expertise specific to trauma, attachment care

### Advocacy Center for Persons with Disabilities, Inc.:

- Inclusion of Trauma Informed Care concepts into Advocacy Center systemic advocacy
- Inclusion of TIC concepts in upcoming Advocacy Center community outreach and education
- Inclusion of TIC material on Advocacy Center website
- Inclusion of TIC concepts in institutional rights training
- Inclusion of TIC concepts in institutional facility monitoring
- Inclusion of TIC awareness during advocacy/investigations on behalf of individuals

### Status update:

- Most of our effort has gone into supporting the state and national efforts to stop the abusive use of restraint and seclusion in school settings. In FL, Rep. Hukill filed HB 81 Relating to Use, Prevention and Reduction of Seclusion and Restraint on Students with Disabilities in Public Schools, which continues to attract House co-sponsors. Sen. Gardiner is filing the companion bill and the press conference is scheduled for 1/13/2010 at 11AM. In Congress, HR 4247 the Preventing Harmful Restraint and Seclusion in Schools Act was introduced on 12/9/2009 by Reps. George Miller (CA) and Cathy Rogers (WA). Sen. Chris Dodd (CT) introduced S 2860, an almost identical bill. We continue to work to increase the coalition supporting these bills and welcome additional support.
- Maintain link on Advocacy Center website to materials on "Restraint and Seclusion in Schools"
- Representing individuals who allege traumatization or retraumatization by caregivers in certain settings

### Agency for Health Care Administration:

- Licensure will update website for facilities regarding TIC resources
- Develop cross-agency workgroup to look at language in current managed care and provider contracts about trauma
- Meet with Child Welfare Prepaid Mental Health Plan leads to discuss trainings and dissemination for TIC
- Add TIC to existing quarterly provider calls—to assess progress in TIC or introduce the topic to others and having calls with a few providers not yet doing so
- Introduce TIC concepts to area office utilization managers as well as Behavioral Health specialists
- Add TIC as a standing agenda item to local interagency teams as well as the state level

## **Status Update:**

- Supplied Area Utilization Management Specialists; Behavioral Health Specialists with the national TIC website link, to increase awareness and educate providers
- Continue to look for ways to incorporate TIC language into communication with providers and when revising documents.
- Links to several resources regarding trauma informed care have been added to the Crisis Stabilization Unit/Short Term Residential Treatment Center, Residential Treatment Facility and Residential Treatment Center licensure pages on the AHCA website.

Here is an example

[http://ahca.myflorida.com/MCHQ/Health\\_Facility\\_Regulation/Hospital\\_Outpatient/rtc.shtml](http://ahca.myflorida.com/MCHQ/Health_Facility_Regulation/Hospital_Outpatient/rtc.shtml) (scroll all the way down to the bottom)

- Drafted the Scope of Services for the RFP, which includes requirements that care be trauma-informed
- Trauma-informed care was reviewed on last UM call and a follow up e-mail was sent to the UM specialists and Behavioral Health Specialists
- Trauma Informed Care will be added to the agenda of the next CW-PMHP call with the Partnership
- The CW-PMHP Partnership ensures that the following is utilized to address issues specific to TIC:

Recognize the phasic nature of trauma recovery and therefore, the tendency for symptoms to alternately exacerbate and subside overtime, for those children who have trauma histories

Understand and work effectively with the behaviors children display when expressing emotions, grief and trauma and how these behaviors often impact the relationships they have with others

Understand the value of hope and the importance of continuity in relationships with trustworthy adults

## **USF Community Trauma Research group at the Louis de la Parte Florida Mental Health Institute:**

### **Trauma-informed care initiatives**

- New
  - Was invited to train at Brevard County School District's staff development day in February 2010
- Ongoing
  - Evaluation of Trauma-specific intervention for girls' with co-occurring disorders (Triad)
  - Training providers in Triad and TIC
- Completed
  - Submitted grant applications to the National Child Traumatic Stress Network (5/09), W.T. Grant Foundation (9/09) and college internal award (11/09) to implement trauma-informed behavior support for the families of children and youth leaving residential mental health treatment

- Offered multi-disciplinary graduate course on the psychological effects of trauma across the lifespan (summer 2009)
- Trained two foster parent groups in Trauma 101 and conducted a training as part of Hillsborough County's Juvenile Justice Board annual training
- Submitted an article for inclusion in special issue of Robst, JR., Dollard, N., Armstrong, M.I. & Li, W. (under review). The intersection of mental health and juvenile justice for youth with and without trauma. ***Child & Youth Care Forum***.
- **Trained Applied Behavior Analysis Class on Trauma-informed Behavior Support.**

### TRI Center Activities

- Continued evaluation of Trauma-focused Cognitive Behavioral Therapy (TF-CBT) with Children's Home Society's Western Division
- Poster Presentation, "Learning Collaborative Metrics as Performance and Fidelity Measurements" at the RTC in February
- Development of a Wiki for the TRI Center
- Training with Esther Deblinger for TRI Center staff on TF-CBT
- Several community trainings on trauma awareness and education to community providers and groups in Northwest Florida
- Trauma presentation at the annual Families First Network conference in Northwest Florida
- Sponsor and presenter at the NCTSN All-Network Meeting

### One Year Plan

- Create a Wiki on trauma-informed care
- On-line training modules on trauma in conjunction with 'Online Learning in Children's Mental Health'
- Complete Learning Collaborative on trauma-informed care

### Two Year Plan

- Create a certificate program at USF to be offered at the post-baccalaureate level

The FSU Center for Prevention and Early Intervention Policy (CPEIP) and the USF Community Trauma Research Group at the Louis de la Parte Florida Mental Health Institute will work toward an integrated framework for preventing, identifying and treating trauma across the lifespan, with efforts to:

- Identify all opportunities to increase awareness of trauma-informed care among our audiences, including children and their families, policy makers, service providers and interested citizens
- Translate trauma-informed care principles into practice for these diverse audiences
- Review materials to ensure consistency with trauma-informed care principles

Specific tasks:

### FSU Center for Prevention & Early Intervention Policy:

- Identify key players in early childhood and host workgroup to discuss how to raise awareness and infuse trauma informed care throughout systems
- Coordinate with Early Childhood Comprehensive System plan
- Write article about infusing trauma-informed care principles into early childhood
- Raise awareness regarding trauma with Florida Association for Infant Mental Health and other organizations
- Identify opportunities to increase awareness of trauma-informed care among groups (service providers, programs, trainees, policy makers) serving children birth to age five
- Translate trauma-informed care principles into practice for diverse audiences concerned with services for children birth to five and their families.
- Identify opportunities to revise home visitor materials and trainings to ensure consistency with trauma-informed care principles

### Caring Tree Program of Big Bend Hospice:

#### **Accomplishments to date**

- Created and coordinate the Trauma, Grief, and Loss Coalition for Youth, a collaborative multi-agency committee whose goals include providing education, support, and networking for youth and youth providers in Leon County, Florida.
- Forward TIC materials to members of Trauma, Grief, and Loss Coalition for Youth.
- Created a calendar of events that include Annual Awareness, Advocacy, Remembrance and Educational events including TIC workshops and educational opportunities. This can be accessed by youth, professionals, or adult caregivers.
- Inclusion of TIC concepts into Caring Tree bereavement services. Emphasize referral to local trauma specialists PRN when trauma is suspected.
- Invite Trauma Informed Practitioners to present at the 6<sup>th</sup> Annual Big Bend Hospice Bereavement Conference September 24, 2010.

#### **Next steps**

- Complete TGLC brochure and distribute. Offer TIC presentation at TGLC meeting.
- Our focus is local rather than statewide due to our small program size. Will continue to share TIC goals and concepts both internally at Big Bend Hospice and through community outreach.
- Continue to forward presentations, goals and information from TIC workgroup to TGLC and community members via email and other outreach.

### ALL AGENCIES

- All agencies will develop long-term plans regarding TIC
- Each agency will identify family and consumer leaders that the community group can reach out to educate and include. Provide mentoring and support to these leaders, if needed, to learn about and attend meetings and how to be comfortable in these settings
- TIC as standing agenda item for quarterly interagency groups
- Identify state and local TIC training opportunities
- Develop discussion boards on TIC

- Review Triple P plan and Strengthening Families for how they could be augmented with TIC materials
- Review current interagency agreements and modify to include trauma language.

### **Status Update:**

- Approach based on audience—consideration of fiscal, economic, and other interests as vehicle for TIC message
- How to implement TIC in a closed management setting; trying to reduce recidivism
- Explaining difference between current practices and how TIC would change practices
- Statewide focus
- DOC training this Thursday on TIC; seeing officers as part of treatment teams
- Possibly creating a video featuring one inmate’s story about how treatment for SMI in corrections helps inmates—with inmates as the audience for the video
- Recent legislative changes will steer school systems back toward treatment interventions rather than judicial/law enforcement
- Fiscal challenges have brought about more non-traditional relationships between government and other partners
- Edpubs.org as resources for a document on educational systems and trauma
- Increase awareness of concepts of complex trauma and developmental trauma (possible inclusion in DSM-V)

### **Other connections and actions**

- Use Victims Advocacy Day as a vehicle for outreach and education for school resource officers and law enforcement —Connect with Board Certified Behavior Analysts schools and Jerry Shook, FADAA conference, CBCs, SIPPs, JJ, PBS (need to spell out)