

Principles of Trauma Informed Services

Principle 1 Trauma-Informed Services Recognize the Impact of Violence and Victimization on Development and Coping Strategies

Principle 2 Trauma-Informed Services Identify Recovery From Trauma as a Primary Goal

Principle 3 Trauma-Informed Services Employ an Empowerment Model

Principle 4 Trauma-Informed Services Strive to Maximize a Survivor's Choices and Control Over His or Her Recovery

Principle 5 Trauma-Informed Services Are Based in a Relational Collaboration

Principle 6 Trauma-Informed Services Create an Atmosphere That Is Respectful of Survivors' Need for Safety, Respect, and Acceptance

Principle 7 Trauma-Informed Services Emphasize Survivor's Strengths, Highlighting Adaptations Over Symptoms and Resilience Over Pathology

Principle 8 The Goal of Trauma-Informed Services Is to Minimize the Possibilities of Retraumatization

Principle 9 Trauma-Informed Services Strive to Be Culturally Competent and to Understand Each Person in the Context of His or Her Life Experiences and Cultural Background

Principle 10 Trauma-Informed Agencies Solicit Consumer Input and Involve Consumers in Designing and Evaluating Services

Elliot,D, Bjelajac, P, Fallot, R, Markoff, L, & Reed,B (2005) Trauma-Informed or Trauma-Denied: Principles and Implementation of Trauma Informed Services for Women; *JOURNAL OF COMMUNITY PSYCHOLOGY*, Vol. 33, No. 4, 461-477